

# CPR GROUPS

## Conversations that Matter

### *“Healthy Church”*

#### Prayer Strategies to Avoid:

1. We want to avoid praying so that can be \_\_\_\_\_. How often have we changed the way we pray just because we are around others? We want to look good or sound intelligent, we might even change our voice. Jesus called out this type of praying. “And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others.” — Matthew 6:5
2. We want to avoid is \_\_\_\_\_ prayer. The following are familiar prayers to most Christians. Notice the focus of these simple prayers? Both \_\_\_\_\_ are completely focused on “I”.  
  
Matthew, Mark, Luke and John, bless the bed that I lie on.  
  
The Lord’s Prayer is beautiful and meaningful, but not if it’s done in a ritualistic way. Jesus warned us against such kinds of prayer. When you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.”  
- Matthew 6:7–8
3. We should not pray to \_\_\_\_\_. Period. We are never encouraged in the Bible to pray to anyone other than God. And yet, so many people pray to dead people (ancestors, saints). Jesus calls us to pray to “Our Father in Heaven...” Luke 11:2, When the disciples asked Jesus how to pray. Jesus said, when you pray, Say...“Father”.
4. We should not practice the \_\_\_\_\_. Let’s be honest most of our prayers tend to revolve around asking God for some thing. There is nothing wrong with asking God for help! The Prayer wheel is a fantastic way to expand your prayer life.
5. When \_\_\_\_\_ prayer strategy. Sadly, too many people use prayer as the last ditch effort to get help from pain, emergency or crisis. We have the attitude that “it has gotten so bad that we need to pray.” Maybe we should pray sooner rather than later. Maybe we should pray for God’s wisdom *before* we buy a house, get engaged, or choose a college.
6. \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ Prayer Strategy. If we are honest, many of the prayers we offer are for our own behalf. the Bible tells us, “Continue to remember those in prison as if you were together with them in prison, and those who are mistreated as if you yourselves were suffering.” — Hebrews 13:3
7. \_\_\_\_\_ has me covered prayer strategy. Sometimes we think that “prayer by the pastor is the best.” Do we really believe that pastors have a hotline to God? Maybe your godly grandmother or mother is as faithful a prayer warrior as your pastor. God gives us equal access because of the sacrifice of Jesus. We can all enter into His presence...“*Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.*” — Hebrews 4:16
8. How’s your prayer life?