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- Psalm 104:1

Thanksgiving All Year Long! Philippians 4:6-7

*Everyday is Thanksgiving Day for the Believer!

Main Point: Gratitude and Thanksgiving to God is a very important exercise and practice, and will keep out the anxiety!

1. We are to be thankful, and have an attitude of gratitude because our God is the Holy, Awesome, merciful, selfexistent One!

Exodus 3:14 – to Moses – 'YHWH' – the 'I AM' - self-existent, Holy = needs nothing, created all things!

Isaiah 40:25-31

2. We are to be Thankful, and have an attitude of Gratitude because our God provides abundantly for us.

Philippians 4:19

I Thessalonians 5:18 "In everything give thanks for this is the will of God in Christ Jesus for you."

3. Our God gives His peace that passes all human understanding

Jesus said in John 14:27 "Peace I leave with you, my peace I give to you. I do not give as the world gives, do not let your hearts be troubled and do not be afraid."