

GO!
Join the Story!

GROUP ACTIVITY

This activity can be used in a small group at church or even with your kids at home!

Tissue Issues

Say: Everyone gets sad sometimes! Even Jesus got sad. But we don't have to keep our sadness to ourselves, we can share those things with each other. We're going to do an activity right now that will help us do that.

Directions: Place some markers in the middle of your group and give each kid a facial tissue. Tell the kids to draw a picture of something on the facial tissue that has recently made them sad. When finished, allow the kids to show and explain their drawing to the group.

Say: It's helpful to share our sadness with each other, but in Psalm 42:4, it tells something even better to do. The psalmist says, "When I remember what has happened, I tell God all of my troubles." I have a challenge for you that's going to help you remember to do that.

Directions: Tell the kids to look up at the ceiling and place their facial tissue over their face. Count to 3 and tell them blow their tissue up to God. Watch to see who blew it the highest and announce them as the winner of the challenge. You can repeat this for a number of rounds. When finished, tell the kids to see that as a reminder for them to give their sadness over to God. Close the activity by opening your group in prayer. Encourage the kids to pray about the things that make them sad and to ask God to bring their joy back.



HOMEGUIDE

Name _____

Date _____

LESSON 8.1

draw it!

Draw a picture of Jesus crying. While you're drawing, remember that when you feel sad, Jesus feels sad for you.



journal it!

The Book of Psalms is filled with songs and poems to God. Write your own song or poem to God about something that makes you sad. Tell Him what you do when you're sad. And just like the psalms, the words don't have to rhyme.

THIS WEEK WE LEARNED

JESUS WEEPS

BIG IDEA: Jesus feels compassion for us when we're sad, so we can cry out to Him.

BIBLE BASIS: John 11:1-44

KEY VERSE: "My tears have been my food day and night...When I remember what has happened, I tell God all of my troubles." Psalm 42:3-4 (NirV)



read it!

John 11:1-44. Draw a picture of the story or write to God about your favorite part of the story. Tell Him why you liked it.

pray it!

Write a prayer to Jesus. Tell Him about something that makes you sad.

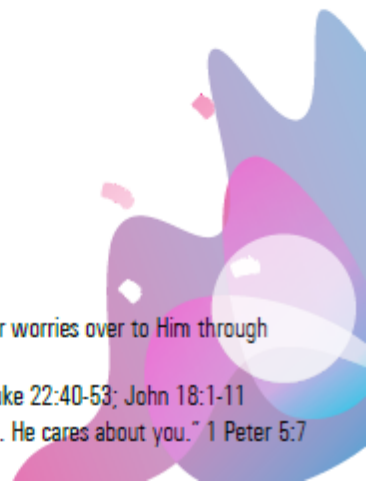
NEXT WEEK'S LESSON

GARDEN OF GETHSEMANE

BIG IDEA: God cares about us, so we can turn our worries over to Him through prayer.

BIBLE BASIS: Matt. 26:36-56; Mark 14:32-52; Luke 22:40-53; John 18:1-11

KEY VERSE: "Turn all of your worries over to him. He cares about you." 1 Peter 5:7





"My tears have been my food day and night... When I remember what has happened,
I tell God all of my troubles." Psalm 42:3-4 (NIRV)

**“MY TEARS HAVE BEEN MY
FOOD DAY AND NIGHT....
WHEN I REMEMBER WHAT
HAS HAPPENED, I TELL GOD
ALL OF MY TROUBLES.”**

PSALM 42:3-4



The logo for 'ART FRAGOUS' is written in a bold, bubbly, blue font with a thick red outline. The letters are stacked vertically: 'ART' on top, 'FRAGE' in the middle, and 'OUS' at the bottom. The background of the entire page is a vibrant blue with abstract, overlapping shapes in shades of purple, teal, and light blue, creating a dynamic and artistic feel.

ART FRAGE OUS

DINNERTIME QUESTION

**WHEN HAVE YOU BEEN SAD?
DID YOU TALK TO GOD ABOUT
IT? WHY OR WHY NOT?**