Practical Applications:

- 1. Create a "playlist" for your spouse with songs that remind you of your love and commitment to them.
- 2. Practice vulnerability by sharing something with your spouse that you've been hesitant to discuss.
- 3. For one week, husbands focus on showing love to their wives in tangible ways, while wives focus on showing respect to their husbands.
- 4. If you're not married, reflect on how you can support and encourage the marriages around you.

5. Commit to praying for your marriage (or future marriage)

daily for the next month.	



Couples Guide The Lost Art of Marriage

Building A Relationship of High Harmony And Deep Intimacy Genesis 2:20a-25 Pastor Jerry L. Birch

♣ Open With Prayer

- Listen for these key takeaways:
- 1. Marriage is God's idea and design
- 2. The foundation of a godly marriage is Jesus Christ
- 3. Leaving and cleaving are essential principles for a strong marriage
- 4. Unity and intimacy in marriage require acceptance and vulnerability
- 5. Husbands need to love their wives, and wives need to respect their husbands

→ Wr	rite down some initial impressions:	

Discussion Questions:

1. Pastor Birch mentioned that "you can't have a godly marriage without God." What does this mean to you? How can you and your spouse practically keep God at the center of their marriage?	
2. The sermon emphasized the importance of "leaving and cleaving" in marriage. How can you and your spouse establish healthy boundaries with family and friends while prioritizing your spouse?	
3. Discuss the concept of "soul oneness" as described in the sermon. How can you and your spouse work towards achieving this level of intimacy in your relationship?	
4. The pastor talked about the "crazy cycle" in marriages. Have you ever experienced this in your own relationship? How did you (or how can you) break out of this cycle?	
5. How does the analogy of the church as the "bride of Christ" inform our understanding of earthly marriages?	
6. Pastor Birch mentioned the importance of focus in marriage. What are some practical ways couples can maintain focus on their spouse amidst life's distractions?	