

Finding your Refuge

Psalm 73

April 12, 2026

Be careful not to stumble

Dealing with regret

Remembering the truth

ICE BREAKER: What is the best compliment you have ever gotten?

DISCUSSION

In verses 1–14, what causes Asaph’s feet to nearly stumble? How does envy distort his view of both the wicked and of God? Where do we see this in our lives now?

How does God’s presence and God’s truth reframe everything we struggle with? What are areas that we often need reframing in our current context?

In verse 28 it says that as we draw near to God and making Him our refuge then the result will be “...that I may tell of all your works.” How do we separate the idea of God’s works through us and our works for our own gain? Where does this temptation come up in your life?

PRAY: Spend time in prayer remembering the truth of the gospel and asking God to keep us from the lusts of the flesh, lust of the eyes, and the boastful pride of life. (1 Jn 2:16)

ASSESS

What are you most likely to look to as a refuge besides God—comfort, success, approval, relationships, distraction, money, or something else?

When life feels confusing or disappointing, do you tend to interpret God through your circumstances, or your circumstances through God's Word?

APPLY

What is one practical way you can turn toward God as your refuge this week instead of turning first to something else?

Who around you needs encouragement to remember that "it is good to be near God," and how can you help point them there this week?

PRAY:

- Ask God to help you be honest about envy, discouragement, confusion, or misplaced desires.
- Ask God to help you see life through the lens of His Word rather than through momentary experiences.
- Ask Him to make Himself your true portion, strength, and refuge.
- Praise Him that our refuge is not in our own goodness, but in Christ's finished work.