

# Deborah's Song

September 25, 2021  
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## Psalm 130



“Out of the depths of despair I have cried out to You, Lord, and You saved me!”

“Has there been a time in your life that you’ve cried out to God from the depths of your despair and He rescued you? Psalm 130 teaches us that even in our darkest hour, we can wait on the Lord and He will rescue us. Continue to hope in the Lord and with Him, there is unfailing love.”

## Psalm 130

- 1. From the depths of despair, O Lord, I call for your help.**
- 2. Hear my cry, O Lord. Pay attention to my prayer.**
- 3. Lord, if you kept a record of our sins, who, O Lord, could ever survive?**
- 4. But you offer forgiveness, that we might learn to fear you.**
- 5. I wait for the Lord, my soul waits, And in His word I do hope. (NKJV)**
- 6. I long for the Lord more than watchman wait for the morning, yes, more than watchman wait for the morning. (NIV)**
- 7. O Israel, hope in the Lord; for with the Lord there is unfailing love. His redemption overflows.**
- 8. He himself will redeem Israel from every kind of sin.”**

Psalms 130:1-8 NLT

## Redemption

### Expectation

### Veneration

### Desperation

~ **Desperation: v. 1-2**

**“From the depths of despair, O LORD, I call for your help.  
Hear my cry, O Lord. Pay attention to my prayer.”**

Psalm 18:16- “He reached down from heaven and rescued me; he drew me out of deep waters.”  
Psalm 69:2- “Deeper and deeper I sink into the mire; I can’t find a foothold. I am in deep water, and the floods overwhelm me.”

- *Have you ever cried from the pit of your despair?*
- *And if so... what did you do?*

~**Veneration: v. 3-4**

**“LORD, if you kept a record of our sins, who, O LORD,  
could ever survive? But you offer forgiveness, that we  
might learn to fear you.”**

Yahweh Adonai

James 4:10- “Humble yourselves before the Lord, and he will lift you up.”

### ***Pride comes before THE FALL!***

Job 42:2-6 - “I know that you can do all things; no purpose of yours can be thwarted. You asked, ‘Who is this that obscures my plans without knowledge?’ Surely I spoke of things I did not understand, things too wonderful for me to know. “You said, ‘Listen now, and I will speak; I will question you, and you shall answer me.’ My ears had heard of you but now my eyes have seen you. Therefore I despise myself and repent in dust and ashes.””

Psalm 34:17-18- “The righteous cry out, and the LORD hears them; he delivers them from all their troubles. The LORD is close to the brokenhearted and saves those who are crushed in spirit.”

- *Whom or what do you place your trust in when you’ve been in despair? Did it help you at the time?*

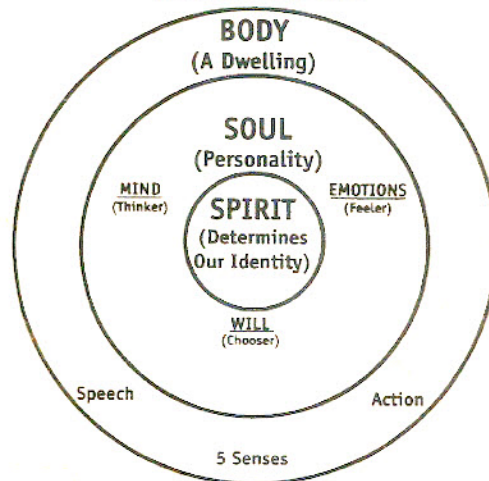
~**Expectation: v. 5-6**

**“I wait for the Lord, my soul waits, And in His word I do hope. I wait for the Lord more than watchman wait for the morning, more than watchman wait for the morning.”**

Soul - inner being, every desire, passion, appetite, deep-seated emotion

## A Biblical Picture of Man

*Man — A Three-Part Whole*  
(1 Thessalonians 5:23)



1 Thessalonians 5:23- “May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and He will do it.”

*Word:* Both in his Word the Messiah, who was the Hope of Israel as well as the Savior of them AND also in God’s merciful nature whom God says HE is!

Exodus 34:6-7a- “The Lord passed in front of Moses, calling out, “Yahweh! The Lord! The God of compassion and mercy! I am slow to anger and filled with unfailing love and faithfulness. I lavish unfailing love to a thousand generations. I forgive iniquity, rebellion, and sin...”

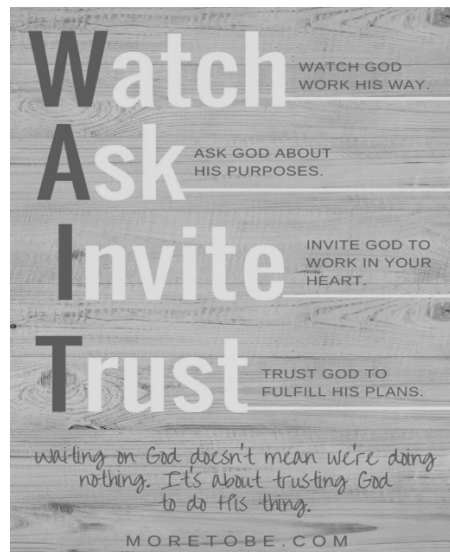
- *How long do we wait? How long do we wait until we take matters into our own hands? Until we bow down to the stresses and cares of this world?*

Wait more than watchman wait!

Night watch is cold, dark, exhausting, anxiety-driven: “your marriage to thrive, your spouse to change, fertility, a job, teenager to come home, diagnosis, the test results...”

Waiting is an ACTION!

**Waiting is the process of becoming what God wants us to be. What God does in us while we wait is just as important, at times MORE important as what it is we are waiting for.** Being still and waiting does not mean doing nothing.



Spending time in God's presence daily is an action- what does this look like?

**Watch God work and Read the Bible.**

**Ask and Pray.**

**Invite the Holy Spirit to work in your heart.**

**Trust and Obey.**

**Repeat!**

There are benefits to waiting on the Lord:

1. ***Waiting reminds us that God is in control.***
2. ***Waiting reminds me that I am not in charge.***
3. ***Waiting reminds me that I am not God.***
4. ***Waiting allows God to do His work.***
5. ***Waiting increases our strength.***

Romans 8:28- "All things work together for good to those who love God, to those who are the called according to His purpose."

Isaiah 40:31- "But those who trust in the LORD will renew their strength; they will soar on wings like eagles; they will run and not grow weary; they will walk and not faint."



Psalms 30:5 - “Weeping may endure for a night, But joy comes in the morning.”

**~Redemption v. 7-8**

**“O Israel, hope in the Lord; for with the Lord there is unfailing love. His redemption overflows. He Himself will redeem Israel from every kind of sin.”**

*Redemption: Ransom*

1 Timothy 2:5-6- “For there is one God and one Mediator between God and men, the Man Christ Jesus, who gave Himself a ransom for all, to be testified in due time.”

- *What do you need redemption or deliverance from today? Can you trust Jesus as your Savior to bring you through?*



