



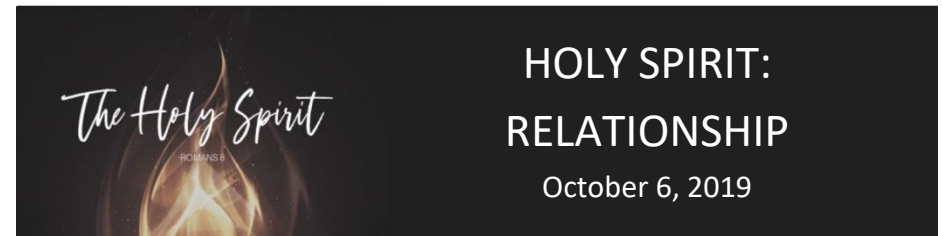
As the discussion leader, here are a few things to keep in mind for your Life Group: • **Pray** for your group discussion time! • **Review** your notes from Sunday's message and familiarize yourself with the discussion questions prior to your group meeting. • **Choose** a few questions from the guide which you feel will generate the most discussion in your group. For questions with multiple parts, answer the first part before reading the next part to the group. These questions are designed to build on the answer of the previous part before moving on.

Getting to Know Me

What did you daydream about when you were a kid? What kind of thoughts fill your mind now?

Exploring the Word – Romans 8:5-10

1. As you listened to the message, what points stood out?
2. Read Romans 8:5-6. Why is it not possible to think about both sinful things and things that please the Holy Spirit? How can we recognize when we are focusing on things that relate to our sinful nature?
3. What are some strategies we can employ to combat sinful thoughts? Conversely, give examples of things we can do every day to help us focus on the Holy Spirit's influence in our lives.
4. Read John 14:27 and Philippians 4:7. What does peace truly look like in the life of a believer?
5. Read Romans 8:7-10. What are some examples of things we choose to do that please God? In what ways do our decisions influence our ability to please God?
6. According to the apostle Paul, what is necessary to be "controlled by the Spirit?" Why can't a person be justified if they refuse to participate in the process of sanctification? What role does the Holy Spirit play in justification and sanctification?



Romans 8:5-10

I. Relationship is other-focused (v. 5)

- Loving relationship is _____.
- You cannot _____ people you can only get to know them.
- Loving relationship is influenced by the _____ of another.
- Loving relationship appreciates the _____ in another.
- Emotions and feelings need to be _____ of our choices.

II. Relationship is influence (v. 6)

- The opposite of spiritual is not physical, it is _____.
- Our _____ form the habits of our words and actions.
- Worshiping the sin nature leads to dissolution of our _____ - death.
- Allowing the Holy Spirit to influence us leads to _____.

III. Relationship is purposeful (vv. 7-8)

- Relationships grow and deteriorate _____.
- Not making decisions is making a _____.
- It's impossible to please God without being _____.
- Sanctification is _____ physical, psychological and spiritual participation in God's holiness.

IV. Relationship is personal fullness (vv. 9-10)

- Relationship is the antidote to _____.
- The Spirit resurrects our spirit in the living years - _____.
- The Spirit lives in us at _____.
- Relational fullness is _____. (Eph. 5:18, 25-26)
- The Holy Spirit gets the kingdom of God _____ of us. (Jn. 14:20, 17:23)