



Chesapeake  
Community of Hope

## **"SURPRISE THE WORLD" WEEKLY REFLECTION JOURNAL**

### **May 1: QUESTIONABLE PEOPLE (Bless Others)**

There are several definitions of blessing: prosperity, happiness, peace, wisdom, righteousness, and also building up, encouraging, supporting. We received these gifts from God, and now share them with those around us, living as "questionable people" to those around us. Your challenge this week: Bless 3 people, through words of encouragement, acts of kindness, or giving gifts.

**DAILY BIBLE READINGS:** Pick one reading each day to study and reflect on God's word and your life. If you miss a day, or a week, give yourself grace and keep trying.

- Romans 12:9-13
- Romans 12:14-16
- Romans 12:17-18
- 1 Peter 3:15-16
- Genesis 1:22
- Genesis 12:1-3
- Psalm 29

## **Daily Journal**

**Look Up. Look In. Look Around.**

***Begin with 2 minutes of silence***

### **Daily Bible Reading**

*As you read through the passage, write down your reflections from the following questions.*

#### **•SCRIPTURE:**

*What does this verse say about God, me, others? Any commands, promises, warnings, wisdom? What words or phrases stand out?*

#### **•OBSERVATIONS:**

*What am I mad/angry about?*

*What am I feeling sad about?*

*What am I feeling anxious about?*

*What am I glad/happy about?*

#### **•APPLICATIONS:**

*If the truths of the readings were alive in my life, how would it change me?*

#### **•PRAYER:**

*Based on all of these thoughts, what and who should I be talking to God about today?*