



Chesapeake
Community of Hope

"SURPRISE THE WORLD" WEEKLY REFLECTION JOURNAL

May 15: GROWING YOUNG

"Grow up!" "Act your age!" The idea of growing young may sound like an invitation to be immature, but it's really an invitation to re-imagine how we relate to the kids and young people in our lives, and as a church. Growing young is about becoming a warm community serving God and partnering with families to help kids and young people flourish. In a challenging and overwhelming world, we can serve and connect with kids and young people by being authentic, available, and affirming.

DAILY BIBLE READINGS: Pick one reading each day to study and reflect on God's word and your life. If you miss a day, or a week, give yourself grace and keep trying.

- Luke 2:41-47
- Luke 2:48-52
- Mark 10:13-16
- 1 Timothy 4:6-8
- 1 Timothy 4:9-14
- 1 Timothy 4:15-16
- 2 Timothy 1:3-7

Daily Journal

Look Up. Look In. Look Around.

Begin with 2 minutes of silence

Daily Bible Reading

As you read through the passage, write down your reflections from the following questions.

• SCRIPTURE:

What does this verse say about God, me, others? Any commands, promises, warnings, wisdom? What words or phrases stand out?

• OBSERVATIONS:

What am I mad/angry about?

What am I feeling sad about?

What am I feeling anxious about?

What am I glad/happy about?

• APPLICATIONS:

If the truths of the readings were alive in my life, how would it change me?

• PRAYER:

Based on all of these thoughts, what and who should I be talking to God about today?