



Community of Hope

"Mount Trashmore" WEEKLY REFLECTION JOURNAL

January 15: The Small Things

Inevitably, we get stuck. Or we find ourselves feeling helpless in the face of obstacles. And it can be defeating when we're in the process of: Rebuild. Restore. Starting Over. Starting New. Keep Going. The good news for us is that God comes to us in these times with His truth: Our greatest need is God's Spirit, not our strength. And in God's Spirit and timing, we have extraordinary power. God is able to work in amazing ways, and the invitation for us is to remember: it's not by force, or by strength, but the small, slow work of God's Spirit in unlikely places and people that produces transformation and healing.

DAILY BIBLE READINGS: *Pick one reading each day to study and reflect on God's word and your life. If you miss a day, or a week, give yourself grace and keep trying.*

- Zechariah 3:1-10
- Zechariah 4:1-7
- Zechariah 4:8-14
- Psalm 9:1-10
- Psalm 4



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Daily Journal

Look Up. Look In. Look Around.

Begin with 2 minutes of silence

Daily Bible Reading

As you read through the passage, write down your reflections from the following questions.

• **SCRIPTURE:**

What does this verse say about God, me, others?

Any commands, promises, warnings, wisdom?

What words or phrases stand out? Why?

• **OBSERVATIONS:**

What am I mad/angry about?

What am I feeling sad about?

What am I feeling anxious about?

What am I glad/happy about?

• **APPLICATIONS:**

If the truths of this bible reading were alive in my life, how would it change me?

• **PRAYER:**

Based on all of these thoughts, what and who should I be talking to God about today?

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