



Chesapeake  
Community of Hope

## **"EARTH, WIND, & FIRE" WEEKLY REFLECTION JOURNAL**

### **July 10: Growing Pains**

The Christian Church exploded into life in first century Jerusalem. What began as a group of about 120 soon burst into a group of over 20,000. Imagine the challenges of that community, in how they shared life and faith with one another. As they navigated changes and challenges, we discover something wonderful: they were able to address their issues through the Spirit, prioritize the mission of God, make wise adjustments, and share and expand the ministry. As we explore the significance of these things for our lives, we discover a way forward that is marked by resilience and faithfulness.

**DAILY BIBLE READINGS:** Pick one reading each day to study and reflect on God's word and your life. If you miss a day, or a week, give yourself grace and keep trying.

- Acts 6:1-7
- Exodus 16:6-12
- Exodus 18:13-24
- Luke 4:14-20
- 1 Corinthians 12:12-27
- Matthew 9:35-38
- 1 Timothy 4:11-16

## **Daily Journal**

### **Look Up. Look In. Look Around.**

*Begin with 2 minutes of silence*

### **Daily Bible Reading**

*As you read through the passage, write down your reflections from the following questions.*

#### **•SCRIPTURE:**

*What does this verse say about God, me, others? Any commands, promises, warnings, wisdom? What words or phrases stand out?*

#### **•OBSERVATIONS:**

What am I mad/angry about?

What am I feeling sad about?

What am I feeling anxious about?

What am I glad/happy about?

#### **•APPLICATIONS:**

*If the truths of the readings were alive in my life, how would it change me?*

#### **•PRAYER:**

*Based on all of these thoughts, what and who should I be talking to God about today?*