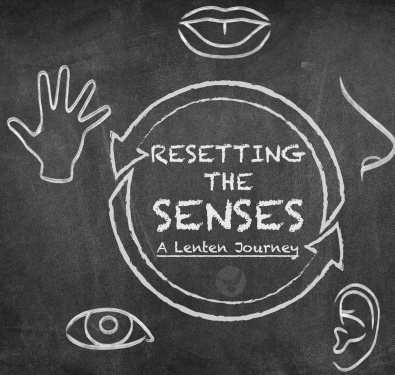




HOMWORK ASSIGNMENT

# TASTE AND SEE

SUNDAY, MARCH 12TH, 2023



SPEND TIME THIS WEEK REFLECTING ON THE FOLLOWING QUESTIONS:

- 1** Take one meal this week, to slow right down. Stop to taste each bite, recognizing what is complicated, what is simple, how is the texture? How can the way you describe that meal be how you interact in the world around?
- 2** What have you thought was a core belief that God may be showing you a new perspective on? Is God stretching you to taste a new aspect of goodness?
- 3** Expand our community. Look to bring goodness and kindness to someone.
  - Perhaps you could deliver a meal to someone who is unwell.
  - You could buy a coffee for someone beside you at the coffee shop.
  - Maybe bring a treat to an appointment you have this week.

TASTE AND SEE THAT THE LORD IS GOOD. OH, THE JOYS OF  
THOSE WHO TAKE REFUGE IN HIM!

PSALM 34:8

A Lenten Journey