

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

# Open Share Small Group Discussion Worksheet

## Daily Inventory ...list of items

**Step 10:** We continued to take personal inventory, and when we were wrong, promptly admitted it.

"So if you think you are standing firm, be careful that you don't fall!"

**Principle 7:** Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

**Note to the Newcomer:** Open Share Small Groups allow us to grow closer to one another through sharing our hurts, habits & hang-ups and the tools we use to overcome them. When we go around the room, feel free to share on tonight's topic or say pass and just listen. In order to start the recovery process on a solid foundation we suggest that you:

1. Make a commitment to attend the large group and small group time regularly
2. Start looking for someone that you connect with that you can ask to be your sponsor or accountability partner. These people will be able to assist you on your journey and will become part of your accountability team.
3. Begin working and applying the recovery principles found in the CR Participant's Guides and the Bible.
4. Set a personal goal to become involved in a step study group.

**There are three ways to do a Step 10 inventory.** (more on this topic can be found in Lesson #20 of CR Participant Guide #4)

**Ongoing:** We can do this throughout the day. The best time to admit we are wrong is the exact time that we are made aware of it! Why wait? We will sleep a lot better if we do it A.S.A.P.!

**Daily:** At the end of the day we need to look over our daily activities - the good and the bad. We need to search for where we might have harmed someone or where we acted out of anger or fear.

**Periodic:** Every three months, get away for a "mini retreat". Bring your daily journal with you. Pray and read your daily entries. Ask God to show you areas in your life that you can improve.

"A word of encouragement does wonders!" Proverbs 12:25

"Intelligent people think before they speak; what they say is then more persuasive." Proverbs 16:23

### LARGE GROUP REFLECTION:

Did the Speaker or Lesson trigger some areas that I need to take a look at?

I heard part of myself in the Lesson or Testimony when \_\_\_\_\_?

### OPEN SHARE SMALL GROUP DISCUSSION STARTERS:

1. Which type of inventory am I currently using, (*ongoing, daily or periodic*) how does it help?
2. What are the reoccurring events or issues that I am constantly needing to make amends for?
3. Are there some negative behaviors in my life that I am choosing to ignore? What are they? Why?
4. Would I rather be right or well?
5. Is it difficult for me to admit when I am wrong? Why?
6. What good did I do today?

**SMALL GROUP PRAYER REQUESTS:**

*(please pray for your small group during the week - use your phone list and make some calls)*

**NAME**

**PRAYER REQUEST**

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**PRAYER:** Dear God, thank You for today. Thank You for giving me the tools to work my program and live my life differently. Help me to make my amends promptly and offer forgiveness where needed. Show me how to keep my side of the street clean in all of my relationships. In Jesus' name I pray, AMEN.

**Verses to Study:**

Proverbs 16:23  
Ephesians 4:29

Proverbs 16:21  
Proverbs 12:25

1 Corinthians 13:1  
James 1:22

**RECOVERY THERMOMETER:**

- Have I completed a step study small group?
- Am I going forward or backwards in my recovery?
- Does my sponsor know what is going on in my life?
- How much time am I spending with God during the day?

**MY PERSONAL RECOVERY GOAL FOR THIS WEEK:**

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**ANY REMINDERS FOR NEXT WEEK?**