Turn

\_\_\_\_\_ DATE: \_\_\_\_\_

# Open Share Small Group Discussion Worksheet

## ...to change direction

#### Step 3: We made a decision to turn our will and our life over to the care of God.

"Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship. Romans 12:1

Principle 3: Consciously choose to commit all my life and will to Christ's care and control.

"Happy are the meek" Matthew 5:5

Note to the Newcomer: Open Share Small Groups allow us to grow closer to one another through sharing our hurts, habits & hang-ups and the tools we use to overcome them. When we go around the room, feel free to share on tonight's topic or say pass and just listen. In order to start the recovery process on a solid foundation we suggest that you:
1. Make a commitment to attend the large group and small group time regularly 2. Start looking for someone that you connect with that you can ask to be your sponsor or accountability partner. These people will be able to assist you on your journey and will become part of your accountability team. 3. Begin working and applying the recovery principles. found in the CR Participant's Guides and the Bible. 4. Set a personal goal to become involved in a step study group.

Acrostic for TURN: (further studying on the following acrostic may be found in the CR Participant's Guide #1)
<u>T</u>rust - Do I trust God enough to turn my life and my will over to Him?
<u>U</u>nderstand - Did relying solely on my own understanding bring me to a place of needing recovery?
<u>R</u>epent - Am I able to truly repent...turn away from my old life/sins and turn toward God?
<u>N</u>ew Life - Am I ready to ask Christ to come into my heart and give me a new life?

## LARGE GROUP REFLECTION:

Did the lesson or speaker help me recognize an area of my life that I need to work on? The part of the Lesson or Speaker's Testimony that I could relate to was \_\_\_\_\_

## **OPEN SHARE SMALL GROUP DISCUSSION STARTERS:**

- 1. What situations in my life have caused me to realize I must turn my will and life over to God?
- 2. What attitudes or mind sets stand in my way and hinder my trust in God?
- 3. Can I remember a time when I felt God leading me?
- 4. Which parts of my life am I unwilling to turn over to God?
- 5. How do my childhood memories continue to frighten me or affect me?
- 6. What was my relationship with God like as a child?
- 7. Describe a situation during this week in which my self-will interfered with my recovery/serenity?
- 8. What could someone else do to encourage me to work Step Three in my recovery?

## SMALL GROUP PRAYER REQUESTS:

(please pray for your small group during the week - use your phone list and make some calls)

NAME

PRAYER REQUEST

**PRAYER:** Dear God, I have tried to handle my life's hurts, habits and hang-ups all by myself. Today I want to turn my will and my life over to You. I ask that You become my Leader and Friend. It is my daily prayer to daily seek Your direction and wisdom for my life. In Jesus' name I pray AMEN.

Verses to Study:Proverbs 3:5-6Romans 3:22Romans 10:9Romans 12:1-2Mark 1:152 Corinthians 5:17

#### **RECOVERY THERMOMETER:**

Am I talking about my stumbling blocks with my sponsor?Am I praying morning and night? (on my knees?)Am I sharing my life's joys and struggles with my accountability team?Am I willing to put daily effort into my recovery?

## MY PERSONAL RECOVERY GOAL FOR THIS WEEK:

## ANY REMINDERS FOR NEXT WEEK?