



TEACH ME
THE BIBLE PODCAST

STUDY GUIDE

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CHAPTER

4

THE BOOK OF

1 TIMOTHY

Guidelines for Christ-Centered Living



1 Timothy 4

If you are new to the Story of the Bible or would like to review the Story:
Listen to the following TMTB Podcasts:

The Story: Understanding the “Big Story” (30 min)

Old Testament: Walk Through the Broad Story (27 min)

Timeline: New Testament Beginnings (35 min)

Letters: Paul’s Writing to the Churches–Part 1 (30 min)

REVIEW

In order to address the problem of false teachers of the law, Paul leaves Timothy in Ephesus.

Timothy is to do the following:

- 1) confront those who are incorrectly teaching the law of Moses (chapter 1),
- 2) encourage men and women to conduct themselves properly,
- 3) appoint overseers and deacons to assist in the leading of the church, and 4) conduct himself in a manner that is fitting (chapters 4-6).



1 Timothy 4

MONDAY

Listen to the 1 Timothy 4 podcast.

TUESDAY

Read Moses's prophecy in Deuteronomy 32.

In verses 15-21 Moses explains Israel (i.e., Jeshurun) will reject the LORD, reject the Rock of His salvation and go after and serve the gods of the nations (i.e., demons). Pay special attention to verses 19-21. The LORD's response to Israel's rejection is going to the Gentiles.

This rejection of Israel is the subject of Paul's argument in Romans 11 and is what he is referring to in 1 Timothy 4 (regarding some in Israel).



1 Timothy 4

WEDNESDAY

In 1 Timothy 4:6, the NASB translates as follows: *“In pointing out these things to the brethren, you will be a good servant of Christ Jesus, nourished on the words of the faith and sound doctrine which you have been following.”*

The phrase *“sound doctrine”* appears 4 times in the NASB. All four occurrences are in Paul’s letters (1 Tim 1:10; 4:6; 2 Tim 4:3; Tit 1:9; 2:1). The word in the Greek for *“doctrine”* is from the root *“didaskalos”* meaning *“instruction”* or *“teaching.”* However, the adjectives that are translated as *“sound”* vary from passage to passage.

In 1 Timothy 1:10; 2 Timothy 4:3; Titus 1:9; and Titus 2:1, word for *“sound”* is a form of *“hugiaino”* which does mean *“sound, or healthy.”* However, the word here in 1 Timothy 4:6 is from the Greek word *“kalos”* meaning *“good.”* Thus, it is *“good teaching.”* So, the *“teaching”* that Timothy is commanded to engage in (see 4:13, 16; 5:17; and 6:1) is to be *“sound”* or *“good.”* It is not to be a *“different doctrine”* (6:3). In other words, sound/good doctrine must align with Paul and the other apostles’ and prophets’ teaching (Romans 15:4; Ephesians 4:11-16). This is the doctrine that builds up the body of Christ.



1 Timothy 4

THURSDAY

The reading of the Scriptures, the exhortation from the Scriptures, and the teaching from the Scriptures are for the purpose of building up the body (remember yesterday's citation of Ephesians 4:11-16).

Read 1 Timothy 4 again and list the benefits to Timothy and to the other believers in Ephesus if Timothy will follow Paul's instruction.

FRIDAY

Reflect on the list from yesterday.

How is Timothy to use his spiritual gift (1 Timothy 4:14) in relation to this list? Is this wise counsel for just Timothy or can we all heed Paul's instruction?