

A crowd of people is shown in silhouette against a dark blue background. Many of the people have their hands raised, some holding up phones. A large, light blue geometric frame, resembling a stylized house or a hexagon with a pointed top and bottom, is overlaid on the image. The frame is composed of several overlapping lines.

CHANGING YOUR WORLD THROUGH

P R A I S E

A crowd of people with their hands raised in the air, overlaid with a blue gradient.

# Part 3

# Breaking the Bonds that Hold You

**Praise: “Yadah”** means to worship with extended hands.

*“Lift up your hands in the sanctuary and praise (yadah) the Lord”*

*(Psalm 134:2)*

# Psalm 67:3

Let the peoples praise (*yadah*) you, O God; let all  
the peoples praise (*yadah*) you!

# Psalm 44:8

In God we have boasted continually, and we will give thanks (*yadah*) to your name forever.

A blue-tinted photograph of a large crowd of people. Many individuals have their hands raised in the air, some holding up smartphones. The scene is dimly lit, with the primary light source being the blue tint of the image. The text is overlaid in the center of the image.

**The Enemy Wants to Silence You**



# Acts 16:19–24

<sup>19</sup> But when her owners saw that their hope of gain was gone, they seized Paul and Silas and dragged them into the marketplace before the rulers. <sup>20</sup> And when they had brought them to the magistrates, they said, “These men are Jews, and they are disturbing our city. <sup>21</sup> They advocate customs that are not lawful for us as Romans to accept or practice.”

# Acts 16:19–24

<sup>22</sup> The crowd joined in attacking them, and the magistrates tore the garments off them and gave orders to beat them with rods. <sup>23</sup> And when they had inflicted many blows upon them, they threw them into prison, ordering the jailer to keep them safely. <sup>24</sup> Having received this order, he put them into the inner prison and fastened their feet in the stocks.



A large crowd of people is shown from behind, with their hands raised in the air. The scene is dimly lit and has a strong blue color cast. The text "Praise Kept their Hearts Free" is overlaid in the center in a white, bold, sans-serif font.

**Praise Kept their Hearts Free**

# Acts 16:25–29

<sup>25</sup> About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them, <sup>26</sup> and suddenly there was a great earthquake, so that the foundations of the prison were shaken. And immediately all the doors were opened, and everyone's bonds were unfastened. <sup>27</sup> When the jailer woke and saw that the prison doors were open, he drew his sword and was about to kill himself, supposing that the prisoners had escaped.

# Acts 16:25–29

<sup>28</sup> But Paul cried with a loud voice, “Do not harm yourself, for we are all here.” <sup>29</sup> And the jailer called for lights and rushed in, and trembling with fear he fell down before Paul and Silas.

A large crowd of people is shown from behind, with their hands raised in the air, suggesting a moment of praise or worship. The image is overlaid with a semi-transparent blue gradient, which makes the background appear darker and more ethereal. The overall mood is one of collective joy and spiritual expression.

**Praise Unlocks the Redemptive Plan**

# Acts 16:30–34

<sup>30</sup> Then he brought them out and said, “Sirs, what must I do to be saved?” <sup>31</sup> And they said, “Believe in the Lord Jesus, and you will be saved, you and your household.” <sup>32</sup> And they spoke the word of the Lord to him and to all who were in his house. <sup>33</sup> And he took them the same hour of the night and washed their wounds; and he was baptized at once, he and all his family.



# Acts 16:30–34

<sup>34</sup> Then he brought them up into his house and set food before them. And he rejoiced along with his entire household that he had believed in God.



***“Life is 10% what happens to you and 90%  
how you react to it.”***

***- Charles Swindoll***

A crowd of people is shown in silhouette against a dark blue background. Many of the people have their hands raised, some holding up smartphones. Overlaid on the crowd is a large, blue, geometric frame composed of several overlapping lines that form a roughly hexagonal shape with rounded corners. The frame is centered on the text.

CHANGING YOUR WORLD THROUGH

P R A T S E