# THE ISNOTOEAD

<sup>42</sup>AND THEY DEVOTED THEMSELVES TO THE APOSTLES' TEACHING AND THE FELLOWSHIP, TO THE BREAKING OF BREAD AND THE PRAYERS. <sup>43</sup>AND AWE CAME UPON EVERY SOUL, AND MANY WONDERS AND SIGNS WERE BEING DONE THROUGH THE APOSTLES. <sup>44</sup>AND ALL WHO BELIEVED WERE TOGETHER AND HAD ALL THINGS IN COMMON.

<sup>45</sup>AND THEY WERE SELLING THEIR POSSESSIONS AND BELONGINGS AND DISTRIBUTING THE PROCEEDS TO ALL, AS ANY HAD NEED. <sup>46</sup>AND DAY BY DAY, ATTENDING THE TEMPLE TOGETHER AND BREAKING BREAD IN THEIR HOMES, THEY RECEIVED THEIR FOOD WITH GLAD AND GENEROUS HEARTS, 47PRAISING GOD AND HAVING FAVOR WITH ALL THE PEOPLE. AND THE LORD ADDED TO THEIR NUMBER DAY BY DAY THOSE WHO WERE BEING SAVED.

"IN OUR RECENT NATIONAL SURVEY OF AMERICAN ADULTS, 36% OF RESPONDENTS REPORTED SERIOUS LONELINESS—FEELING LONELY 'FREQUENTLY' OR 'ALMOST ALL THE TIME OR ALL THE TIME' IN THE FOUR WEEKS PRIOR TO THE SURVEY. THIS INCLUDED 61% OF YOUNG PEOPLE AGED 18-25 AND 51% OF MOTHERS WITH YOUNG CHILDREN."

- LONELINESS STUDY, HARVARD UNIVERSITY

"43% OF YOUNG ADULTS REPORTED INCREASES IN LONELINESS SINCE THE OUTBREAK OF THE PANDEMIC. ABOUT HALF OF LONELY YOUNG ADULTS IN OUR SURVEY REPORTED THAT NO ONE IN THE PAST FEW WEEKS HAD 'TAKEN MORE THAN JUST A FEW MINUTES' TO ASK HOW THEY ARE DOING IN A WAY THAT MADE THEM FEEL LIKE THE PERSON 'GENUINELY CARED.'"

- LONELINESS STUDY, HARVARD UNIVERSITY

## 3 THINGS EVERYONE NEEDS TO BE HEALTHY IN BODY, SOUL, & SPIRIT

- 1) RIGHT RELATIONSHIP WITH GOD
- 2) RIGHT INFORMATION
- 3) FRIENDS

~150 PEOPLE

### **ACQUAINTANCES**

50 HOURS

15-20 PEOPLE

VILLAGE

90 HOURS

2-5 PEOPLE CLOSE FRIENDS

200 HOURS

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### 5 ELEMENTS OF DEEP BIBLICAL COMMUNITY

- 1) CLOSE
- 2) PROTECTED
- 3) COMMITTED
- 4) TRANSPARENT
- 5) DEEP

#### HEBREWS 10:24-25

<sup>24</sup>AND LET US CONSIDER HOW TO STIR UP ONE ANOTHER TO LOVE AND GOOD WORKS, <sup>25</sup>NOT NEGLECTING TO MEET TOGETHER, AS IS THE HABIT OF SOME, BUT ENCOURAGING ONE ANOTHER, AND ALL THE MORE AS YOU SEE THE DAY DRAWING NEAR.

"WE NEED TO RETURN TO AN IDEA THAT WAS CENTRAL TO OUR FOUNDING AND IS AT THE HEART OF MANY GREAT RELIGIOUS TRADITIONS: WE HAVE COMMITMENTS TO OURSELVES, BUT WE ALSO HAVE VITAL COMMITMENTS TO EACH OTHER, INCLUDING TO THOSE WHO ARE VULNERABLE."

#### - LONELINESS IN AMERICA

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