



the
LEGACY
of a
WELL-RUN RACE

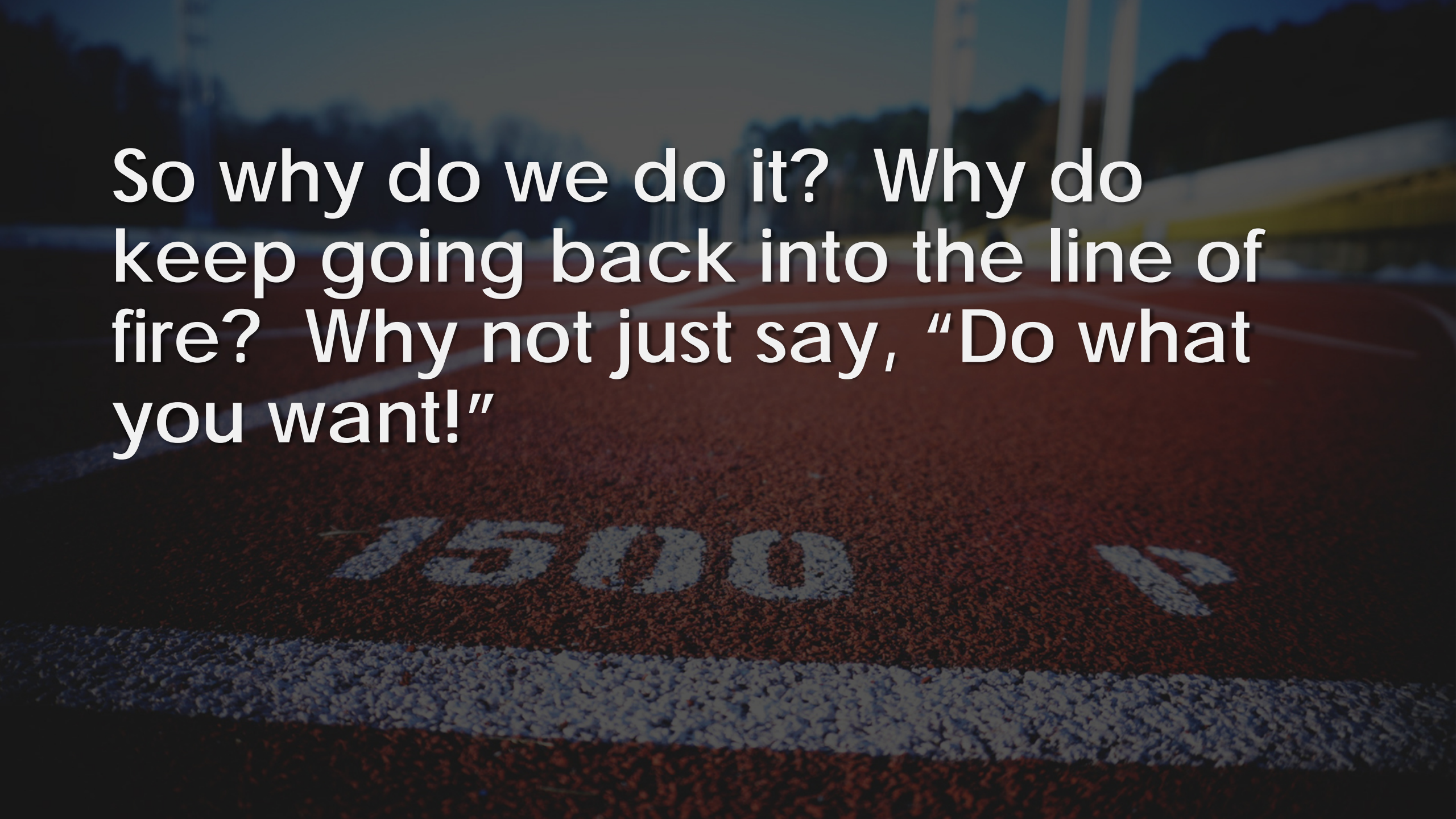


The Legacy of a Well-Run Race

Part 3: Embracing a Disciplined Race



What is the most difficult part of parenting for you?



So why do we do it? Why do
keep going back into the line of
fire? Why not just say, "Do what
you want!"

Hebrews 12:3-11

³ Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. ⁴ In your struggle against sin you have not yet resisted to the point of shedding your blood. ⁵ And ***have you forgotten the exhortation that addresses you as sons?***

Hebrews 12:3-11

"My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. ⁶ For the Lord disciplines the one he loves, and chastises every son whom he receives."

⁷ It is for discipline that you have to endure. **God is treating you as sons.** For what son is there whom his father does not discipline? ⁸ If you are left without discipline, in which all have participated, then you are illegitimate children and not sons.

Hebrews 12:3-11

⁹ Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? ¹⁰ For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. ¹¹ *For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.*

Hebrews 12:5-8

⁵ And *have you forgotten the exhortation that addresses you as sons?* “My son, *do not regard lightly the discipline of the Lord, nor be weary when reproved by him.* ⁶ For the Lord disciplines the one he loves, and chastises every son whom he receives.” ⁷ It is for discipline that you have to endure. *God is treating you as sons.* For what son is there whom his father does not discipline? ⁸ If you are *left without discipline*, in which all have participated, then *you are illegitimate children and not sons.*



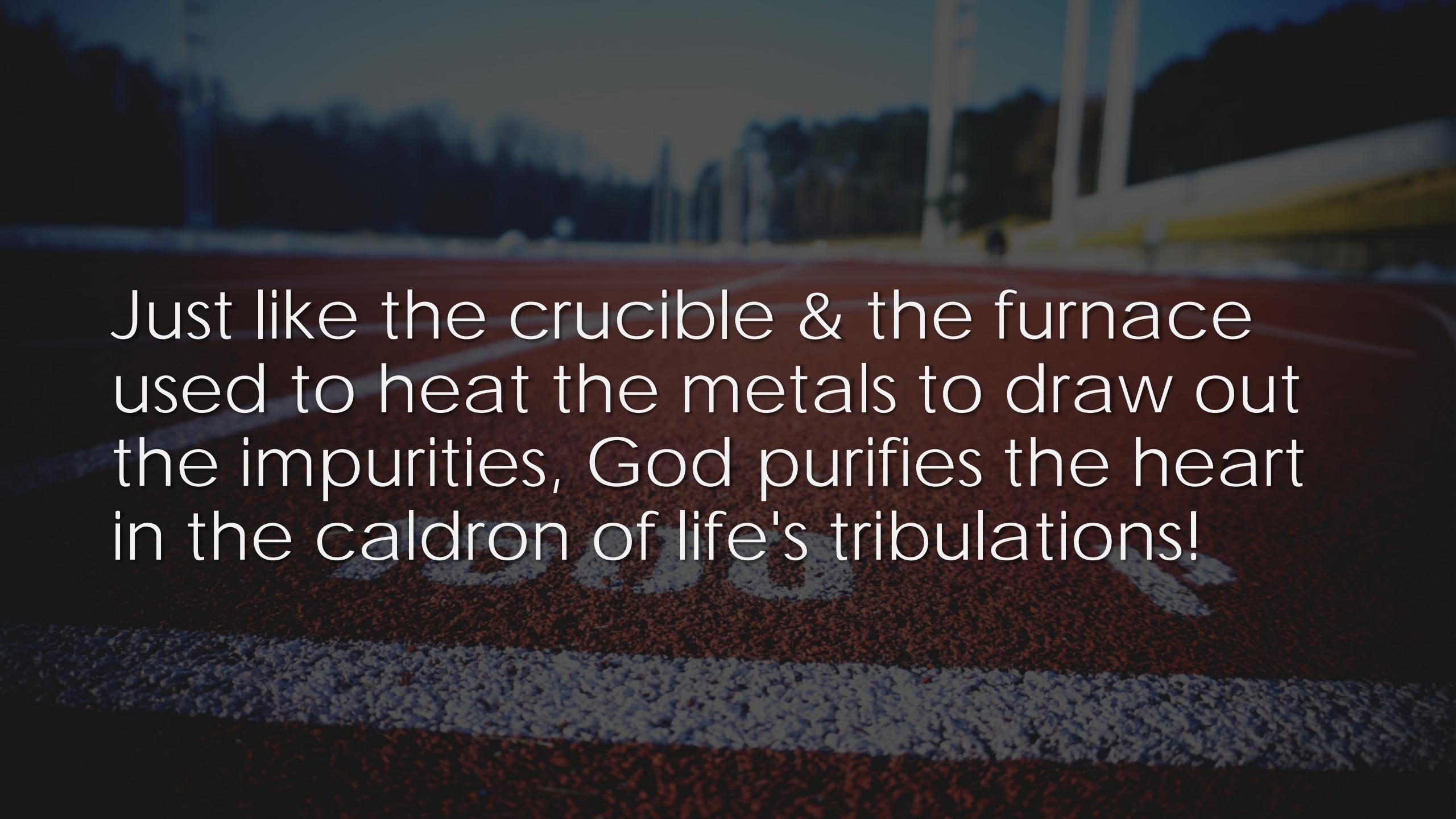
1) Discipline Leads to Development



“have you forgotten”
-remember this lens of discipline
when you’re dealing with drama

Proverbs 17:3

³ The crucible is for silver, and the furnace is for gold, and *the LORD tests hearts*.



Just like the crucible & the furnace
used to heat the metals to draw out
the impurities, God purifies the heart
in the caldron of life's tribulations!



Why do we forget God's loving care
& wallow in despair & questions
when difficulties arise?



The enemy is always trying to write
the narrative of our pain!



What did Job do that made his race so remarkable that it still speaks?

Job 1:20-22

²⁰ Then Job arose and tore his robe and shaved his head and ***fell on the ground and worshiped.*** ²¹ And he said, "Naked I came from my mother's womb, and naked shall I return. The LORD gave, and the LORD has taken away; ***blessed be the name of the LORD.***" ²² In all this Job did not sin or charge God with wrong.

Job 2:7-9

⁷ So Satan went out from the presence of the LORD and struck Job with loathsome sores from the sole of his foot to the crown of his head. ⁸ And he took a piece of broken pottery with which to scrape himself while he sat in the ashes. ⁹ Then his wife said to him, “Do you still hold fast your integrity? ***Curse God and die.***” ¹⁰ ***But he said to her, “You speak as one of the foolish women would speak. Shall we receive good from God, and shall we not receive evil?”*** In all this Job did not sin with his lips.

Job 13:15

“Though he slay me, I will hope in him;”

Job 19:25-27

“For I know that my Redeemer lives, and at the last *he will stand upon the earth.* ²⁶ *And after my skin has been thus destroyed, yet in my flesh I shall see God,* ²⁷ whom I shall see for myself, and my eyes shall behold, and not another.”



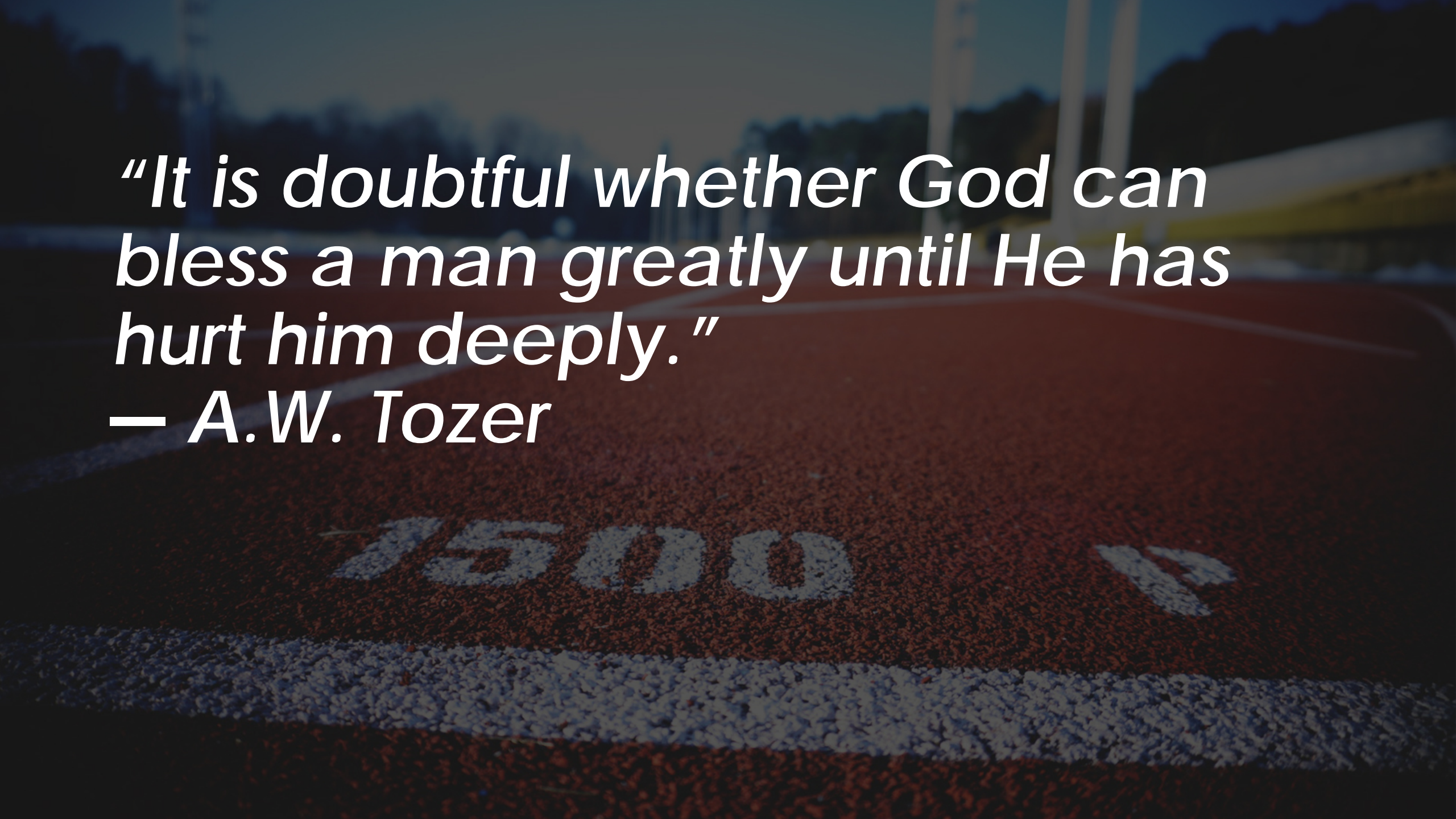
2) Discipline is Highly Valuable



“do not regard lightly”
-recalibrate your attitude toward
God’s discipline



Has anyone ever hired a personal trainer for yourself or your student athlete?



*“It is doubtful whether God can
bless a man greatly until He has
hurt him deeply.”*

— A.W. Tozer



3) Discipline Means I Belong



*" God is treating you as
sons/daughters"*

-realize & rejoice in your adoption

John 16:31-33

³¹ Jesus answered them, "Do you now believe? ³² Behold, the hour is coming, indeed it has come, when you will be scattered, each to his own home, and will leave me alone. Yet I am not alone, for the Father is with me. ³³ I have said these things to you, that *in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.*"

Acts 5:39-42

So they took his advice, ⁴⁰ and when they had called in the apostles, they beat them and charged them not to speak in the name of Jesus, and let them go. ⁴¹ Then they left the presence of the council, rejoicing that they were counted worthy to suffer dishonor for the name. ⁴² And every day, in the temple and from house to house, they did not cease teaching and preaching that the Christ is Jesus.

