



Week 4: Living in Chaos

1. **Icebreaker:** We are about to enter into “snow season.” Share with your group - who likes the snow, who hates it, who’s indifferent, who's moving to Florida :-)? What memories do you have about the snow?
2. **Empty.** As empty as the vase on the stage, weariness over the chaos of life can leave us feeling empty, numb, fed up, scared, anxious, angry, etc. Take some time to share where you are feeling “empty” and pray for one another.
3. **Read** Psalm 8:2, and 1 Cor. 1:26-31. How do these verses help you praise God for who you are? Read Romans 8:35-37. How do these verses praise God for the victory that we have over chaos?
4. **Read** Psalm 8:3. What about nature evokes praise in your heart and on your lips?
5. **Read** Psalm 8:5-6. Do you feel like you are “crowned with glory?” As you ponder that God made you in His image and likeness, giving your authority and responsibility - does that create hope and confidence in chaos? Does it feel overwhelming and/or hard to believe? How does embracing this truth help you to respond “Anchored in Chaos?”
6. **Praise is the weapon that conquers Chaos.** Read Psalm 8 in its entirety. Read it in several bible translations if you have access to them. How can you apply David’s strategy to praise God in chaos this week? Share ideas as a group.

Prayer for the week:

¹⁰ God, make a fresh start in me,
shape a Genesis week from the chaos of my life.

Psalm 51:10 *The Message*