



Week 3: Blessing in mourning.

1. What is your primary takeaway from the "Blessed with Meekness" sermon this week?
2. What is your "go-to" when someone hurts or offends you? What do you think the "go-to" acceptable response is within culture?
3. Paul wrote in 2 Corinthians 10:1, "Now I, Paul, myself urge you by the meekness and gentleness of Christ...First of all, meekness is not weakness. Meekness is having a gentle spirit, which means that in interactions with other people, a meek person is humble and kind. The Bible is full of examples of people that are meek, no one more than Jesus. He treats all people with dignity and respect. He values all people equally and understands people better than they even understand themselves. He motivates people with love. He displayed his overwhelming love once and for all when He accepted a terrible punishment and death for every wrong thing that I've ever done. Read the following scriptures and discuss Jesus' example of meekness; Matthew 11:29, 2 Cor. 10:1, Zech. 9:9, Matt. 21:5, Isa. 53:7, Mk. 14:61, 1 Pet. 2:23, Lk. 23:34.
4. Dave shared that the response of meekness in an emotional situation is to say nothing but instead write something down. Have you ever tried this? How can this apply to your next struggle?
5. Dave also shared that the question of meekness is, Can you throw the first stone? How does this question help you when faced with difficult challenges or people?
6. Finally Dave shared that "simple words have the power to change lives, when said in meekness." Can you think of a situation in the past where simple words would have been better than what you said or didn't say? Is there a situation/relationship where simple words are needed right now? Discuss.

Prayer:

- **Invite your group to reflect in prayer for a few minutes over what you discussed.**
 - **Have someone close your time by praying for your group.**