

# EPHESIANS

## Immeasurable Power

### As an Individual

This week, every time you fill up your water bottle or get a drink, pause and reflect on the immeasurable power of God. Consider the areas of your life where you need God's power most right now. Are you trying to handle things in your own strength instead of trusting in His unlimited power? Ask God to help you truly grasp the reality that the same power that raised Jesus from the dead lives in you through the Holy Spirit.

### As a Group:

1. Share about a time this week when you filled up a water bottle or got a drink. Did you think about God's immeasurable power in that moment?
2. Discuss how we tend to underestimate God's power in our daily lives.
  - a. What are some ways you try to rely on our own limited strength instead of God's unlimited power?
  - b. Why is it so hard for you to comprehend that God's power is truly immeasurable?

### Review these Scriptures

Ephesians 1:19-23 / Romans 8:11 / 1 Corinthians 15:6

### Consider these Questions

1. What does it mean that God's power is "immeasurable"? How does the water analogy help you understand this?
2. How does knowing that Jesus has been given authority "far above every ruler and authority, power and dominion" change your perspective on the challenges you face?
3. Paul says we are the body of Christ and He is the head. What does it mean practically that "all that is his, is ours"?
4. Which of the situations mentioned in the sermon resonates most with you right now? (roommate conflict, parenting struggles, marriage difficulties, anxiety, depression, fear of sharing your faith, etc.)
5. Romans 8:11 tells us that the Spirit who raised Jesus from the dead lives in us. How should this truth affect the way you approach your daily struggles?
6. What is one specific area of your life where you need to stop relying on your own strength and start trusting in God's immeasurable power this week?

**Challenge:** Write "immeasurable" on your favorite water bottle as a reminder that God's power never runs dry.