

# habits of grace

Enjoying Jesus through the Spiritual Disciplines  
October 15th-December 10th

## Chapters 16-18

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### The Ordinances

**Luke 22:19** <sup>19</sup> And he took bread, and when he had given thanks, he broke it and gave it to them, saying, “This is my body, which is given for you. Do this in remembrance of me. <sup>20</sup> And likewise the cup after they had eaten, saying, “This cup that is poured out for you is the new covenant in my blood. <sup>[c]</sup>”

**Matthew 28:19** <sup>19</sup> Go therefore and make disciples of all nations, baptizing them in <sup>[a]</sup> the name of the Father and of the Son and of the Holy Spirit,

**1 Corinthians 11:27-34** <sup>27</sup> Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. <sup>28</sup> Let a person examine himself, then, and so eat of the bread and drink of the cup. <sup>29</sup> For anyone who eats and drinks without discerning the body eats and drinks judgment on himself. <sup>30</sup> That is why many of you are weak and ill, and some have died. <sup>[h]</sup> <sup>31</sup> But if we judged <sup>[i]</sup> ourselves truly, we would not be judged. <sup>32</sup> But when we are judged by the Lord, we are disciplined <sup>[j]</sup> so that we may not be condemned along with the world. <sup>33</sup> So then, my brothers, <sup>[k]</sup> when you come together to eat, wait for <sup>[l]</sup> one another— <sup>34</sup> if anyone is hungry, let him eat at home—so that when you come together it will not be for judgment. About the other things I will give directions when I come.

**If all else is equal in this building, but we never baptized or took the Lord’s Supper, are we a local church body?**

**Romans 6:3-4** <sup>3</sup> Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? <sup>4</sup> We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

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**Matthew 26:26-29** <sup>26</sup> Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, “Take, eat; this is my body.” <sup>27</sup> And he took a cup, and when he had given thanks he gave it to them, saying, “Drink of it, all of you, <sup>28</sup> for this is my blood of the<sup>[a]</sup> covenant, which is poured out for many for the forgiveness of sins. <sup>29</sup> I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom.”

**Hebrews 10:19-25** <sup>19</sup> Therefore, brothers, since we have confidence to enter the holy places by the blood of Jesus, <sup>20</sup> by the new and living way that he opened for us through the curtain, that is, through his flesh, <sup>21</sup> and since we have a great priest over the house of God, <sup>22</sup> let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. <sup>23</sup> Let us hold fast the confession of our hope without wavering, for he who promised is faithful. <sup>24</sup> And let us consider how to stir up one another to love and good works, <sup>25</sup> not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

**Proverbs 19:20** <sup>20</sup> Listen to advice and accept instruction, that you may gain wisdom in the future.

**Proverbs 3:12** <sup>12</sup> for the Lord reproves him whom he loves, as a father the son in whom he delights.

**Galatians 2:20** <sup>20</sup> I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

**Romans 5:8** <sup>8</sup> but God shows his love for us in that while we were still sinners, Christ died for us.

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## 7 Ways We Can Receive Rebuke Well

1. Suppose there is at least a grain of truth in the rebuke.

**Proverbs 25:12** <sup>12</sup>Like a gold ring or an ornament of gold is a wise reprover to a listening ear.

2. Thank the person quickly.
3. Ask clarifying questions instead of defending.
4. Pray on the spot: “Lord, show me where this is true.”
5. Repent specifically of whatever is true.
6. Follow up later: “Thank you again. The Lord used that in my life.”
7. Be open to more: “Please keep speaking into my life.”

## 7 Steps On Giving a Rebuke Well

1. Check your heart. Get the log out of your own eye first.

**Matthew 7:3-5** <sup>3</sup>Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? <sup>4</sup>Or how can you say to your brother, ‘Let me take the speck out of your eye,’ when there is the log in your own eye? <sup>5</sup>You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.

**Galatians 6:1** Brothers, <sup>[a]</sup> if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted.

2. Golden Rule of Rebuke

**Matthew 7:12** <sup>12</sup>“So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets.

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3. Pray for restoration and for courage. The goal for the rebuke is to restore someone.

[Hebrews 3:13](#) <sup>13</sup>But exhort one another every day, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin.

[2 Timothy 2:24-26](#) <sup>24</sup>And the Lord's servant<sup>[a]</sup> must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, <sup>25</sup>correcting his opponents with gentleness. God may perhaps grant them repentance leading to a knowledge of the truth, <sup>26</sup>and they may come to their senses and escape from the snare of the devil, after being captured by him to do his will.

4. Be quick “today” don’t let sin fester ([Heb 3:13](#)).
5. Be kind and gentle ([Gal 6:1](#); [2 Tim 2:24–25](#); [Ps 141:5](#)).
6. Be clear and specific — no vague “some people are saying...” ([2 Cor 4:2](#))
7. Follow up, encourage or keep loving if they resist.

[James 5:19-20](#) <sup>19</sup>My brothers, if anyone among you wanders from the truth and someone brings him back, <sup>20</sup>let him know that whoever brings back a sinner from his wandering will save his soul from death and will cover a multitude of sins.