

Courage and Fear: Responses, Rubicons, and Resolve

(Small Groups Questions – Pick one or more)

1. In what way has “fear”, in whatever form, been an obstacle in your life, in your Christian walk? How did today’s session address challenges you are facing or have faced in the past?
2. We touched on the topic of “opportunity stress”. Have you ever let fear of failure stop you from “stepping up”? What happened? Do you wish you could go back and have a “do over”? What would your “old man self” tell your “young man self” about missed opportunities due to fear of failure?
3. Can you relate to Moses’ responses to “opportunity stress”? When it comes to your Christian walk and serving, do you tend toward an Is 6:8 “send me” attitude or an Ex 4:13 “pick somebody else” perspective? Why?
4. Describe a time when you “crossed a Rubicon”? Did you know exactly what you were going to do or did you have to find out what you were going to do as you travelled the path? What happened?
5. Describe a time when you had to overcome fear in pursuit of a greater cause. Was it physical fear or fear of failure? Both? How did you overcome the drift from fear to panic? Did prayer play a part? How do you think prayer can assist in defeating fear?