

Men's One Day group discussion questions: Session 1 – Climbing the Mountain

1. **Perseverance:** Dr David Jeremiah said, “before God greatly uses any man, He crushes him.”
 - a. Has God used suffering in your life to grow your faith and obedience?
 - b. If so, explain what happened, how were you before it started, and how have you changed in your relationship with God since?

2. **Don't fight against God:**
 - a. When facing adversity, explain if you ever fought against God? How did you specifically fight back?
 - b. Were you resistant when God starting to take away things you didn't want to let go of? What specifically did you not want to let go of? Why?
 - c. What were the result while you were fighting against God? What has God taught you as a result?

3. **Adversity builds faith:**
 - a. Explain how your faith had grown as a result of facing an adversity or trial?
 - b. What changed about your faith during this time?
 - c. How has it changed your character and your fortitude?
 - d. If your faith did not grow while facing an adversity, explain why you think it didn't?

4. **Staying close to God during adversity:**
 - a. Based on personal experiences or wisdom, list ways we can stay close to God during a trial that might help another brother out?
 - b. Explain how the importance of each item just discussed will help us to stay close to God?
 - c. If having gone through adversity in the past, do you wish you would have done some of things suggested today, if so, how would that have helped you?

5. If additional time is left, get in group prayer or pray for the men as a group.