

**AFRAID 01: "An Illusion"**  
**Psalm 46**

November 5, 2023

**Main Idea** – Security lies in putting oneself wholly in God’s sovereign care. All other security is an illusion.

**Do NOT Be Afraid**

Not only is “Do not be afraid” the most oft repeated command in the OT, courage is part of our calling as followers of Jesus Christ. Jesus said simply, “Do not be afraid.” He asked His followers, “Why are you afraid?” **Paul said plainly**, “Be on your guard; stand firm in the faith; be courageous; be strong” (1Corinthians 16:13).

Sadly, many live fearful lives and fail to realize that another existence is possible – **an existence free from worry and fear**. God never instructs us to live without concern, but we can live without fear.

**This is BIG!**

**The problem is that we have been trained to process life by the way we feel.** I think I must feel love for love to exist; I must feel God’s presence for Him to be close to me. I must feel secure in order to actually be secure. God never meant for us to feel our way to Him. God wants us to stand on absolute truth no matter how our feelings may betray that reality. When I process life through my feelings, I am left deceived, disillusioned, and afraid.

**Straight Talk on Fear**

Fear puts your circumstance between you and God. Faith puts God between your circumstance and you. The Bible says that bad things will happen. Mark it down. Human suffering is an inevitable part of our experience. God may or may not have anything to do with it; we rarely can know. What we can know however is peace, comfort, even joy.

**Psalm 46**

In ancient Israel, the kings hired musicians to write songs and poetry for the kingdom. These are the Psalms. Psalm 46 is a song about security. It’s actually a song about the power of God. The author seems to be saying, “If God is my God, why should I fear?”

**Be still and know...**

If the passage read, “Be busy and hope” I’d say that we are doing great! That’s what we are – we are busy and we hope the Bible is true. We hope God is faithful. That’s why we are afraid. Fill in the following...

If \_\_\_\_\_, then \_\_\_\_\_. If your answer is anything other than “then I will lean hard into God,” you will be afraid.

**Family Night Big idea – Read Psalm 46**

Teach your children that God is in control. Nothing comes our way that is not sent by Him or allowed by Him. Model your faith in His sovereign care. Teach them that they do not need to fear.

- **Elementary School** – Ask, “When is God there to help us (v.1)? Why do we trust God? What is God like according to v.7? Do you know that God is watching over you every moment of every day?”
- **Middle/ High School** – Ask, “What kinds of things do you fear? How do those compare to the things mentioned in vv.2-3? Why do we fear even though God has promised us the protection described in this chapter?”

**Prayer** "Father, thank You for Your sovereign care and security. We will not fear because You are with us. Amen."

**Velocity (Middle and High School Students)**

**Velocity:** Meet at the Church this Wednesday, Nov. 8<sup>th</sup>.

**Gravity:** Meet today in the Community Room.

**Today’s Songs**

*Blessed Be Your Name*.....Matt Redman

*Goodness of God*.....Elevation Worship

*Death was Arrested*.....Northpoint Worship

**Kenya Christmas**

Learn how to give to Kenya this Christmas and how to correspond to the student you sponsored a uniform last year. Check out the handout and today’s special presentation after the “Welcome”.

**Poinsettia Sale**

Would you like to purchase a poinsettia in memory or honor of a loved one? We are selling poinsettias in the lobby starting this Sunday, November 5<sup>th</sup> until Sunday, November 26<sup>th</sup>. Cost is \$35 and due when you sign up. They will be delivered on November 27<sup>th</sup> and we would like to display them on stage throughout the holidays.

**GCC Christmas Gift List**

We would love to provide gifts again this year for any family within your circle of influence who could use some help this Christmas. Tell a staff member of any family you know that would welcome gifts this year.