Read James 4:8-10

Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. Grieve, mourn, and wail. Change your laughter to mourning and your joy to gloom. Humble yourselves before the Lord, and he will lift you up.

## First let's be honest with ourselves.

Answer the following honestly as a family or silently to yourselves:

What are some of the blessings God has for you in your life that you may be missing out on?

Here are some examples that we talked about this morning:

Financial provision Overcoming depression Good health Healing Recovering marriage

What are you holding on to? Here are some examples we talked about this morning:

Pride Lust Lying Fear of judgement Fear of disappointment Anxiety in life and situations

## Discuss what is holding you back from emptying yourself? What is holding you back from letting go of you?

Prayer:

Lord, I come before you today broken. I know I have things that I have been holding on to. I am ready to let go. Lord, I ask you to empty me of "me". I ask you to take away anything unacceptable. Lord, fill me with the Holy Spirit. Let my life and my words shine. Make me a light in this world for you. I need you and love you. I pray this in Jesus holy name. Amen

Velocity (Middle and High School Students)	<b>KidsJAM "Let it Snow" Party</b>
Velocity: Meet at the church this Wednesday, Jan. 17 <sup>th</sup> .	Drop off kids for a "Let it Snow" party on Wednesday,
Gravity: No Gravity Today	January 17th from 6-7:30pm. A light supper will be served.
Today's Songs	Sign up at the KidsJAM Check-in Table.
<i>I Believe</i> Phil Wickham	<b>Father/ Daughter Dance</b>
<i>Honey in the Rock</i> Brooke Ligertwood	Dance is February 9 <sup>th</sup> at 6pm at Pine Needle Plantation (2891
<i>Praise</i> Brandon Lake	Ellis Rd., Statesboro). Invitations go out today. Cost is \$30
<b>Kenya Correspondence</b>	per couple. Register at the Welcome Desk in the Lobby or
You can now correspond with the student you sponsored.	online.
There is a mailbox in the hallway for your letters, cards, and pictures. Everything needs to be flat and 11x14 or smaller. We will send to Kenya monthly.	<b>Look Up Lodge</b> Summer Camp for current 3 <sup>rd</sup> -5 <sup>th</sup> graders, May 28-31. Cost is \$249. Registration Online or KidsJAM. First 20 students to register and pay \$100 deposit, secures a spot.