

# Habesha Spiced Mushroom Ragu & Creamy Polenta

## What you'll need!



### POLENTA INGREDIENTS

- 1 cup fine cornmeal
- 24 oz low-sodium vegetable broth
- 8 oz plant-based half & half
- 2 tbsp plant-based butter
- ¼ cup minced onion
- 3 cloves minced garlic
- sprig of thyme

### APPLIANCES/UTENSILS

- whisk
- non-stick skillet/sauté pan
- non-stick saucepan

### SPICED MUSHROOM RAGU INGREDIENTS

- 4 cups mixed mushrooms
- 1 cup thinly sliced onion
- 3 cloves garlic
- 1 tbsp plant-based butter
- ½ cup plant-based half & half
- 2 tbsp Afcavé Habesha Spice

