

## Small Steps, Sacred Lives

### Teacher's Copy – Filled In

#### Key Scripture

1 Thessalonians 5:23

“And the very God of peace sanctify you wholly; and I pray God your whole spirit, soul, and body be preserved blameless unto the coming of our Lord Jesus Christ.”

#### The Problem: Spiritual Fragmentation

Many Christian families are spiritually flickering — active in short bursts, but lacking steady power.

Today's homes are often filled with:

- constant distractions
- overbooked schedules
- divided / scattered attention

Sanctification is not just something that happens in church — it happens in our daily lives.

True transformation doesn't happen in a moment, it happens through habits.

#### Starting the Day With God

If we don't anchor our day in Christ, we end up dragging an anchor trying to find Him.

Even five minutes of gratitude can:

- Change the atmosphere
- Change the heart
- Change the tone of the day

#### Worship as a Lifestyle

Worship is not a Sunday-only activity.

When we worship:

Our kids notice  
Our spouses / family notice  
Our enemy gets scared  
God is glorified

Modeling Faith at Home (John Maxwell)

1. Model – I do, you watch
2. Mentor – I do, you help
3. Monitor – You do, I help
4. Motivate – You do, I watch
5. Multiply – You do, someone else watches

Living What We Teach

Our loved ones are reading the Bible of our lives.  
Reflection often forms us more than memorization.

Closing Challenge

God doesn't ask us to do everything.  
He asks us to do the right things consistently.  
You don't have to be perfect — but you can be present.

Start with one.  
And let the God of peace sanctify your home from the inside out.