

RESURRECTED LIFE

PART TWO: NO PERFECT LIFE

Being a Christian doesn't mean we will have a trouble-free life. In fact, Jesus told us the opposite. He told us that we would have trouble in this world. Trouble comes from things outside our control; sometimes, trouble comes from things we can control. The resurrected life will empower us to overcome the troubles we can sometimes bring on ourselves.

Deciding to follow Jesus doesn't make us perfect. In fact, many people continue to struggle with the same issues we did before we believed in Jesus... which may lead us to wonder: Why do I still struggle with the same issues? Why is there a gap between who I ought to be as a Christ follower and who I often am?

SCRIPTURE

ROMANS 7:15-18

"I do not understand what I do. For what I want to do I do not do, but what I hate I do. ¹⁶ And if I do what I do not want to do, I agree that the law is good."

PRE-VIDEO TABLE DISCUSSION [6:30 PM]

QUESTION:

Decisions often define who we are, for good or for bad. We've all had situations where we wish we could have "do-overs"—to do things differently for one reason or another. Maybe you were running late to work and got into a fender bender trying to make up time. Or maybe a conversation with a family member or friend turned into an unexpected argument.

Share a situation where you wish you could have had a "do-over."

WATCH THE VIDEO NOTE-TAKING GUIDE [6:50 PM]	

[WITH YOUR GROUP] GROW | POST-VIDEO DISCUSSION

DISCUSSION [1].

REFLECT: Read Romans 7:15-18.

"I do not understand what I do. For what I want to do I do not do, but what I hate I do. ¹⁶ And if I do what I do not want to do, I agree that the law is good."

QUESTION: Why do you think we (like Paul) struggle to do the good things we want to do?

DISCUSSION [2].

QUESTION: If there is grace and forgiveness through Jesus, why does it matter if we fail or fall short?

DISCUSSION [3].

REFLECT: In the video, a distinction was made between the power of sin and the influence of sin.

QUESTION (A): How are they different?

- Why is it important to know the difference?

DISCUSSION [4].

REFLECT: Becoming more like Jesus (sometimes called sanctification) is a process—it doesn't just happen overnight.

QUESTION (A): Is this encouraging to you? Is it discouraging? Talk about it as a group.

QUESTION (B): What areas in your life have matured or changed to look more like Jesus?

- Is it easy for you to identify these areas or hard to do? Why so?

BEFORE NEXT TIME

We can do these things when we feel stuck in a cycle of bad decisions.

- 1. Find hope by looking to Jesus (Romans 7:25).
- 2. Remember that there is NO condemnation when you fail or fall short (Romans 8:1-2).
- 3. Embrace the grace of God.

MEMORIZE

"Therefore, there is now no condemnation for those who are in Christ Jesus[...]"

Romans 8:1

PRAY | DISMISS [8:00 PM]

Take time to pray as a group. You can use the following prayer as a guide: "Heavenly Father, thank you for providing a way for us to be made right with you through Jesus's death on the cross. Thank you that because Jesus was perfect, we don't have to be. You know we can't live on our strength alone. Remind us of your forgiveness and grace, especially when we fail. Give us the wisdom to make wise decisions. Help us to turn our eyes toward Jesus and to live in the resurrected life."