

[WITH YOUR GROUP]
GROW | POST-VIDEO DISCUSSION

DISCUSSION [1].

QUESTION: Can you think of a time when following Jesus cost you something?

- What exactly did it cost you (e.g., popularity, job loss, friendship, etc.)?

DISCUSSION [2].

QUESTION: What could it cost you if you did not follow Jesus?

DISCUSSION [3].

QUESTION: How confident are you that commands and directives from Jesus are meant to give you life?

DISCUSSION [4].

REFLECT: **Matthew 16:25** says, "For whoever wants to save their life will lose it, but whoever loses their life for me will find it."

QUESTION (A): How does it make you feel when you hear that Jesus wants something for you rather than from you?

- What thoughts come to mind?

QUESTION (B): What does it look like to go "all-in" with Jesus?

DISCUSSION [5].

QUESTION: What is the one thing you need to lose in order to have a more meaningful life with Jesus?

CHANGING YOUR MIND

Consider sharing your answer to the last question with your group, and then follow up with your group over the next few days or weeks. In order to get the life Jesus wants to give you, you have to let go of the one you are currently holding onto.

MEMORIZE

"Then Jesus said to his disciples, "Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me will find it. What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?"

MATTHEW 16:24-25

PRAY | DISMISS [8:00 PM]