



THE ROAD AHEAD:

CHOICES WE ALL FACE ALONG THE PATH OF LIFE

There are times when surrendering is a much better option than continuing the fight, and on the other side of surrender is one thing you really want.

WEEK THREE

THE WHITE FLAG

OPEN When there is a conflict or a difficult situation, are you more fight or flight?

- Are you one way in your professional life and another way in your personal life?

READ Galatians 5:16–17

16 So I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.

Galatians 5:16–17

DISCUSS

- Galatians 5:17 describes a conflict between the "flesh" and the "Spirit." How does this inner struggle show up in your own life?
- Can you share an example of a time when you felt tempted to follow the desires of the flesh rather than the leading of the Holy Spirit?

WATCH Part Three: The White Flag

6. When we let go of control, we allow ourselves to lean on God and work on His strength. Share an experience when your situation changed after moving from holding on to a fight versus letting God handle it.
 7. Sometimes, surrendering involves letting go of resentment or anger. How can forgiveness be a part of surrendering control?
 8. If there is something you need to surrender, what's the next step? What do you need to do?
 9. What would it take to develop an attitude of surrender? What would be a good thought or prayer to have in front of you regularly?
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MEMORIZE

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Galatians 5:16–17

PRAY

- Pray for one another.
- Pray for the courage to surrender control and the strength to walk in the Spirit.