



MISCONCEPTIONS: DISCERNING COMMONLY ACCEPTED MYTHS

Many catchy phrases and advice shared with us lack a biblical foundation and should be critically evaluated by believers.

WEEK THREE

MISCONCEPTION #3: **JUST DO WHAT MAKES YOU HAPPY**

OPEN Share when you did something that made you feel “happy” but later realized it wasn't the best decision.

READ ROMAN 12:12; JEREMIAH 17:9; GALATIANS 2:20

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.

ROMAN 12:12

The heart is deceitful above all things and beyond cure. Who can understand it?

JEREMIAH 17:9

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

GALATIANS 2:20

DISCUSS

- Romans 12:12, what does the passage mean by “renewing of your mind”?
- Jeremiah 17:9 describes the human heart as what? If our hearts are so complex, where can we find true guidance?
- In Galatians 2:20, Paul says he has been "crucified with Christ." What does this mean?

7. In which areas of your life do you struggle with the "do whatever makes you happy" mindset most?
8. Can you think of a time when prioritizing something other than your immediate happiness led to a positive outcome?
9. How do you typically make decisions in your life? What factors do you consider?

REFLECT: Think about the concepts of the "easy way," "hard way," and "dumb way" that were shared.

10. Choose one area of your life where you'd like to commit to the "easy way" by seeking wisdom and acting accordingly.
11. What resources or practices have you found helpful in "renewing your mind" and aligning your thoughts with God's perspective?
12. Choose one area where you want to focus on living with more discernment and less solely on happiness. Who can you hold yourself accountable to, as you shared?
13. How can we support each other in our small group to make choices based on God's will, even when they might not feel the most enjoyable now?

MEMORIZE

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

ROMAN 12:12

PRAY

- Pray for one another.
- Pray for discernment when making decisions day to day.