

Sunday, December 28, 2025

Be Still and Know: What to Do When You Don't Know What to Do

Sermon Summary: This powerful message addresses the universal human experience of facing overwhelming circumstances and not knowing how to proceed. Pastor Jerry emphasizes that believers possess divine authority and the mind of Christ, yet often struggle because they haven't fully trained themselves to activate this power as their first response. Drawing from the Israelites' experience at the Red Sea, the sermon teaches that God fights for His people when they stand still in faith rather than panic in fear. The core message centers on surrendering control to God, activating the authority believers already possess, and replacing anxiety with peace through intimate relationship with Christ. The sermon challenges listeners to stop trying to fix everything themselves and instead operate in their God-given authority, which causes negative atmospheres, fear, and worry to flee.

Key Points:

- When facing crisis, believers must stand still and trust God rather than react in fear
- Christians already possess the mind of Christ and divine authority; they don't need to wait to receive it
- The battle is primarily mental and spiritual, requiring believers to train their minds to activate God's power first
- God trades bad for good: fear for peace, anxiety for focus, doubt for power, weakness for divine presence
- Authority only lacks when it is not being activated or utilized by the believer
- Being still means ceasing striving, relaxing, and letting go while giving God full control
- Salvation includes not just forgiveness but also power and anointing that must be activated
- The absence of authority creates anarchy and chaos in life
- Believers must submit to God's Word and give Him control, not just give Him their hearts
- Personal value comes from God, not from worldly possessions or others' opinions

Scripture Reference:

- Psalm 46:10 (Primary text): "Be still and know that I am God. I will be exalted among the heathen. I will be exalted in the earth."
- Exodus 14:13-14: Moses tells Israel to stand still and see God's salvation
- Philippians 4:6-7: Being anxious for nothing and experiencing God's peace
- 2 Corinthians 5:17: Believers as new creations
- 1 Corinthians 2:16: Having the mind of Christ
- Philippians 2:5: Letting Christ's mind dwell in believers
- Ephesians 6:13-14: Standing in spiritual authority
- 1 Timothy 6:12: Fighting the good fight of faith
- Isaiah 61:3: Beauty for ashes, oil of joy for mourning
- Luke 10:19: Authority over all the power of the enemy
- Proverbs 3:5-6: Trusting in the Lord with all your heart

Quotes:

- What do you do when you don't know what to do? Be still and know that I am God.
- We've got to stop talking about a God we can't manifest and start learning how to manifest the God we talk about.
- The only lack of authority is authority that is not being activated or utilized by the believer.
- When you're standing in the midst of a crisis, know there's a Christ in the crisis.
- Your value is far beyond rubies and gold. Until you see your value, you will always downplay who you are.

5-Day Bible Reading Plan: Standing Still in God's Authority

Day 1: The Power of Stillness

Reading: Psalm 46:1-11

Devotional: "Be still and know that I am God." These words invite us into a sacred pause amid life's chaos. Being still doesn't mean inactivity; it means ceasing our frantic striving and trusting God's sovereignty. When trapped between Pharaoh's army and the Red Sea, Israel learned that stillness is an act of faith. Today, examine what causes you anxiety. Are you trying to control outcomes God has already promised to handle? Stillness requires surrendering your need to fix everything yourself. God fights for those who hold their peace. This week, practice intentional stillness—not passivity, but confident trust that your God remains in control even when circumstances suggest otherwise.

Reflection Question: What situation are you trying to control that you need to surrender to God today?

Day 2: The Mind of Christ

Reading: Philippians 4:4-9; 1 Corinthians 2:12-16

Devotional: You already possess the mind of Christ—not as a future promise, but as a present reality. The struggle isn't lacking spiritual resources; it's failing to activate what you already have. Your mind is a battlefield where carnal thinking wars against spiritual truth. When anxiety strikes, your brain releases stress hormones triggering fight-or-flight responses. But you have divine authority to direct your thoughts toward God's truth. Train your mind by feeding it Scripture, worship, and prayer. What you consistently consume determines your default response to crisis. Stop waiting to "get" spiritual power you already possess. Instead, exercise the authority Christ deposited in you at salvation. Your thoughts don't have to be a playground for enemy lies.

Reflection Question: What are you feeding your mind that needs to change to align with Christ's perspective?

Day 3: Fighting the Good Fight

Reading: Ephesians 6:10-18; 1 Timothy 6:11-12

Devotional: "Fight the good fight of faith." This isn't optional—it's a command to contend earnestly for what God has given you. Standing in spiritual authority is aggressive, not passive. When God tells you to stand, He's commissioning you to uphold and sustain your authority against every opposing force. The enemy wants you to believe you're powerless, but you've been equipped with supernatural weapons. Your faith isn't meant to be tested and found wanting; it's meant to be exercised and found victorious. Stop retreating when hell advances. The very fact the enemy is attacking means breakthrough is near. Trees of righteousness don't uproot during storms—they stand firm, deeply rooted in God's Word, demonstrating His strength to a watching world.

Reflection Question: Where has the enemy been telling you to retreat that God is calling you to stand firm?

Day 4: Beauty for Ashes

Reading: Isaiah 61:1-7

Devotional: God specializes in divine exchanges—beauty for ashes, joy for mourning, praise for heaviness. Your past devastation becomes the platform for His restoration. What the enemy meant to destroy, God will use to display His glory. This isn't mere optimism; it's prophetic promise. When you allow God full access to your brokenness, He transforms it into something purposeful and beautiful. The oil of joy isn't superficial happiness but deep spiritual gladness rooted in God's faithfulness. Your garment of praise replaces the spirit of heaviness not by denying pain but by choosing worship over worry. You're becoming a tree of righteousness—spiritually strong, stable, resilient, and fruitful. Your last days will surpass all your previous days because God's redemptive power never fails.

Reflection Question: What "ashes" in your life are you ready to exchange for God's beauty?

Day 5: Activating Your Authority

Reading: Luke 10:17-20; 2 Corinthians 5:17-21

Devotional: Jesus declared, "I give you authority to trample on serpents and scorpions and over all the power of the enemy." This wasn't just for the original disciples—it's your inheritance as a believer. You are a new creation, a kind that has never existed before, uniquely fashioned with divine purpose. The only lack of authority in your life is authority you're not activating. Chaos and anarchy occur when spiritual government isn't enforced. Fear, worry, doubt, and sleepless nights must flee when you operate in God-given authority. Stop asking God to do what He's already empowered you to do. You have the Word, the Spirit, and the authority of Jesus' name. Now use them. Give God control—not just your heart, but your entire life. When you do, negative atmospheres cease to dominate, and God's peace guards your heart and mind.

Reflection Question: What specific authority has God given you that you need to start actively using today?