



ABUNDANT

Message Title: Abundant Body

Message Scripture: 1 Corinthians 6:19-20, The Voice

How is the way we view and treat our physical bodies part of our faith practice? How is physical healing a part of the ministry to which God calls us? That's our focus as we continue to explore what it means to live an abundant life in God's grace.

Prayer

Dear God, I want to honor you with all of who I am including my physical body. Amen.

Daily Scriptures

01.25.21 • 1 Corinthians 10:31
01.26.21 • 1 Kings 17:2-6
01.27.21 • Luke 7:1-10
01.28.21 • Matthew 9:20-35
01.29.21 • Mark 2:9-12
01.30.21 • Luke 17:12-16
01.31.21 • Rest

Questions for Reflection

What physical movements or activities help you feel more connected to God?
What is the relationship between physical healing and faith?

Series Symbolism

The graphic for this series includes what is known as the Trinity knot. It symbolizes the three-fold nature of God.

- God provides us wisdom and the mind to comprehend life beyond our human condition
- Christ sets the example for every disciple to live as his body and to be the hands and feet of his ministry
- The Holy Spirit walks with us as the continued presence of God that strengthens our resolve

Each of the colors is symbolic as well

- Green is the color of growth – and symbolizes our ongoing transformation
- Purple is the color of penitence and symbolic of our recognition that we have sinned and seek God's forgiveness
- Red is the color of fire and one of the symbols associated with the Holy Spirit

Learn More

- "Emotionally Healthy Spirituality" ~ By Peter Scazzero
- "Enough" ~ By Adam Hamilton
- "The Christian's Secret to a Happy Life" ~ By Hannah Whitall Smith
- "Happy" ~ By Matt Miofsky



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