



PILGRIM SONGS:

✠ THE PSALMS OF ASCENT ✠



To you I lift up my eyes, O you who are enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master, as the eyes of a maidservant to the hand of her mistress, so our eyes look to the Lord our God, till he has mercy upon us. Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. Our soul has had more than enough of the scorn of those who are at ease, of the contempt of the proud.

-Psalm 123:1-4



1 To you I lift up my eyes, O you who are enthroned in the heavens!

2 Behold, as the eyes of servants look to the hand of their master, as the eyes of a maidservant to the hand of her mistress, so our eyes look to the Lord our God, till he has mercy upon us.

-Psalm 123:1-2



“It turns out that what you really think about Jesus is revealed by what you do after you find out that you don’t have to do anything.”

-Dallas Willard



3 Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt.

4 Our soul has had more than enough of the scorn of those who are at ease, of the contempt of the proud.

-Psalm 123:3-4



“The basic conviction of a Christian is that God intends good for us and that he will get his way in us. He does not treat us according to our deserts, but according to his plans. He is not a police officer on patrol, watching over the universe, ready to club us if we get out of hand or put us in jail. He is a potter working with the clay of our lives, forming and reforming until, finally, he has shaped a redeemed life, a vessel fit for the kingdom.”

-Eugene Peterson



5 Have this mind among yourselves, which is yours in Christ Jesus, 6 who, though he was in the form of God, did not count equality with God a thing to be grasped, 7 but emptied himself, by taking the form of a servant, being born in the likeness of men. 8 And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. 9 Therefore God has highly exalted him and bestowed on him the name that is above every name, 10 so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

-Philippians 2:5-11



9 For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you by his poverty might become rich.

-2 Corinthians 8:9



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-Philippians 2:9-11



9 Therefore God has highly exalted him and bestowed on him the name that is above every name, 10 so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

-Philippians 2:9-11



I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. 2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

-Romans 12:1-2





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