



Message Notes

Week 3: The Endless Pursuit of Performance and Perfection

Romans 7:14-25a, 8:1 (NIV)

Big Idea for this week:

A self-_____ life often results in a self-_____ life

1. We're never going to _____ up to our own expectations of ourselves

2. Jesus has already _____ us from having to live up to God's expectations for us

We don't need MORE perfection or MORE performance. We just need to remember that _____!

Remember, WE ARE MADE FOR MORE!

Big idea: perfect / pressured 1. live 2. liberated Jesus is more than enough

These questions are designed to extend the impact of the Sunday gathering. Use them to go deeper in your personal study time, with your family, and/or with your Life Group.

1. Which part of the message was most impactful for you and why?

2. Paul knew firsthand the pressure of living up to the law. He grew up Jewish, obeying the law. But when he found Christ, everything changed. How might a person, who comes to Christ feel a similar struggle?

3. How do you feel about Paul's inner struggle? Do you ever feel that you have this pressure to perform? To live up to a standard that is set for you? How do you respond? How do you feel?

4. How do we fight to get off the hamster wheel of more? What is one thing you can do to accomplish this? Who can help you in this desire to stop chasing after thinking more performance or more perfection is what God wants from me?

Prayer: Father, thank You for sending Jesus to take away the requirement to live up to Your standard, which I could never I do on my own. Help me to see that Jesus was perfect so I don't have to be. Now I can simply live my life for You, sharing the hope of Jesus with others. Help me to believe that Jesus is more than enough. Jesus, I cannot hide my love. Amen.

We hope to see you back next week as we continue our series, "Chasing Carrots". If you have questions or need to talk to someone, we are always available to talk. See you next week.