

Soundtrack

What's playing on repeat in your soul?

A summer in the Psalms

PSALM 1

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JULY 20, 2025

MESSAGE NOTES

BIG IDEA FOR THE WEEK: THE BLESSING WE RECEIVE IS A RESULT OF THE PATH WE _____

1. GOD PROTECTS THOSE WHO SEEK AFTER _____

2. GOD REJECTS THOSE WHO SEEK AFTER _____

SMALL GROUP AND DISCUSSION QUESTIONS

These questions are designed to extend the impact of the Sunday gathering. Use them to go deeper in your personal study time, with your family, and/or with your Life Group

1. Which part of the message was most impactful for you and why? Which part of this passage is easiest for you? The hardest?

2. We began with the question, “does it really matter how I live?” How do you answer that? How does Psalm 1 answer that?

3. What happens to a person who isn’t careful with how they live their lives? How does God protect those who seek after Him? How have you seen this to be true in your life?

4. We said, “Distance from the world brings joy; distance from God brings judgment”. What does this mean? Is it true? Why? How have you seen this in your life or in those around you?

5. What does it mean to “delight in the law of the Lord”? How do we do this?

6. Psalm 1 calls a person who follows God and lives for Him like a tree that bears much fruit. Why does the Psalmist use this illustration? What fruit are you bearing in your life?

Father, thank You for loving me. Thank You for protecting those who seek after You. Would You please help me to daily choose the path that leads me to life that honors You? Would You please help me point people to You and to be a blessing to those around me? In Jesus’ Name, amen.