

My Story Discussion Questions – Part 2 May 19

These questions are designed to extend the impact of the Sunday gathering. Use them to go deeper in your personal study time, with your family, and/or with your Life Group.

1. Which part of the message was most impactful for you and why? Which part of this passage is easiest for you?
Hardest?

2. Joy is often misunderstood because it is easily confused with happiness. How would you define joy? How would you define happiness? How are they different? Why does this matter?

3. We said, “Joy is neither determined nor defined by our circumstances”. What do you think of this statement. How do you think choosing the fruit of self over the fruit of the Spirit contributes to the confusion of happiness and joy?

4. What do you think about “The Circumstance Cycle” and “The Joy Cycle”? Where do you find yourself? How do you think “The Circumstance Cycle” is fed by or contributes to the Fruit of Self? How do you think “The Joy Cycle” affects or is impacted by the Fruit of the Spirit? Why? Do you find yourself experiencing cynicism or contentment? Why?

5. When we experience the Joy of the Spirit, how does that allow others to experience God? Do you think your joy is providing others with a taste of God’s goodness and grace in your life?

6. What is one area that you are choosing the world’s happiness over the Fruit of Joy? What is one thing you can do this week to live out this joy in your life?

Prayer: Holy Spirit, we pray to You for help. We need Your power to live a life of joy every day. Please help us to experience true joy when the world chooses happiness. Help us to not quickly chase after things that really won’t bring us joy. Let us be Your light and bring hope to those we meet. Thank You for living inside us. In Your Name, Jesus. Amen.