



Message Notes

Mini-series 4: Make the Most of It

Week 1: Matthew 6:25-34 (NIV)

Big Idea for this week:

_____ is a distraction that prevents us from making the most of God's good life

1. I can trust God in all areas that He _____ given me to control

2. I can trust God in all areas that He _____ given me to control

How can we live our life without worrying?

1. Remember that God already knows all our _____.

2. Remember that God already knows all our _____.

These questions are designed to extend the impact of the Sunday gathering. Use them to go deeper in your personal study time, with your family, and/or with your Life Group.

What is your greatest fear?

1. What part of Jesus' Message stuck out to you today? What does this passage reveal to us about God? How do you see the beatitudes affect this section of Jesus' Message on the Mount?

2. Which of the 5 reasons that human beings store up do you struggle with the most? Why do you think that is?

3. Why do humans worry? Why do you think Jesus told us not to worry? How does worry affect our relationship with God? How about with others? Why did Jesus say each day had enough trouble of its own?

4. We said that when we worry, it actually asks the question, "who do I trust to provide for me"? Why do you think it is hard for people to trust Jesus? Is it hard for you to trust in Him? Why?

5. What we worry about the most often reveals where we trust God the least. Is this true of the things you worry about? Talk about why it might be difficult for you to trust God with these things. Then, talk about one way you can trust God this week.

6. Re-read Psalm 77. What areas do you need God to remind you that He is always faithful?

Prayer: Heavenly Father, help me trust You as my Provider. Remind me that You are always faithful and that I can trust You more and worry less. Remind me who You are, Jesus. In Your Name, amen.