

## Sermon Discussion Questions

**Date:** 8/10/14

**Title:** *"A Restoration Place"*

**Text:** Psalm 131

1. When does a child sit still?
2. What does David avoid doing so that he can be still and hope in the Lord?
3. What does the "weaned child" image suggest about how we still ourselves and hope in the Lord?
4. What's the big message in this Psalm?
5. Clearly outline the steps David took to still and quieten his soul. What do you find most difficult?
6. Why is it important to still and quieten our souls?
7. What helps you to still and quieten your soul?