



## **INTRODUCTION**

Psalm 107 is a psalm of thanksgiving, a pouring out of gratitude to God for His steadfast love and goodness toward us. Each of us, despite the difficulties and challenges we face in life, has a reason to be thankful and praise God. We, as believers, are called to live out thankfulness in our lives and use the circumstances that stand before us to give thanks to God for who He is and what He does in us and through us.

## **DISCUSSION QUESTIONS**

- 1. Who and/or what are you most thankful for in your life?**
- 2. How does it feel when others express gratitude toward you for something you've done?**
- 3. How would you live differently in your day-to-day life if you were looking for reasons to be thankful?**
- 4. Name one area in your life where it is difficult to be thankful. What makes that area difficult? How might God's Word speak into that area?**
- 5. What is something you can do this week to be thankful for who God is and what He does in your life?**
- 6. How can we as a group encourage one another toward thankfulness?**
- 7. Think of someone who might be impacted by hearing you express your thanks to God. What can you do this week to use gratitude to help others see God?**