



INTRODUCTION

In today's message we discover the power in honesty. A prayer of lament can be a way to honestly express your grief, doubt or disappointment with God. Your struggle doesn't reflect a lack of faith; our pain and honesty will never be too deep for God to handle.

DISCUSSION QUESTIONS

1. Has there ever been a time when you had to lie (or not be completely honest) to spare someone's feelings? (example: "Does this dress make me look fat?")
2. Have your life experiences caused conflict with views of God? Your faith? The Bible?
3. What does it mean to have to choose between honesty and faith in your relationship with God? Have you ever felt like you've had to choose?
4. Have you ever felt like you can't be honest about your feelings with God? Why or why not?
5. Do you have someone in your life that you can share doubts, pain, and struggles with? If you don't share with someone, what is preventing you?
6. What are some ways we could help create a safe space for everyone to be open and honest in this small group?