



We all monitor our behavior to some degree. This keeps us out of trouble and helps us in our personal and professional relationships. But Jesus invites his followers to take monitoring a step further.

Discussion Questions:

- 1. When you were a kid, what's one thing you did that always got you in trouble?**
- 2. Do you have experience with a religious organization that implied or stated that your behavior is primarily what God cares about? If so, talk about your experience.**
- 3. Which of these following emotions has a way of controlling you?
Anger • Envy • Insecurity • Guilt • Fear • Greed**
- 4. What does it sound like (internally) when you're listening to the emotion you mentioned from the previous question?**
- 5. What is an early indicator that you are about to hand over control to that particular emotion?**
- 6. What regularly happens in your life that triggers that emotion? Instead of being controlled by the emotion, describe how you would ideally like to handle things when that situation occurs**