

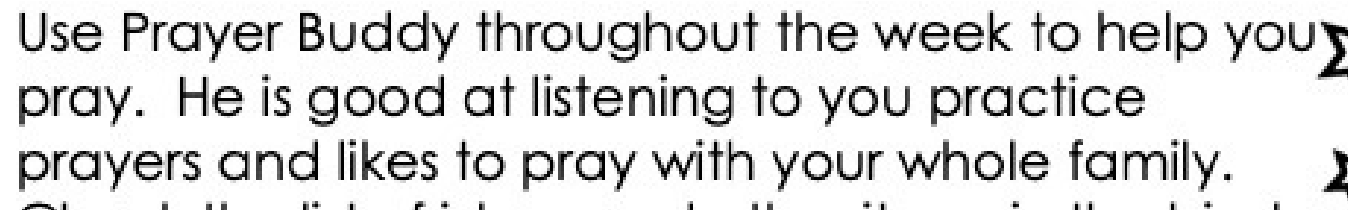
The Adventures



of  
Prayer Buddy



# Directions for Prayer Buddy




1. Use Prayer Buddy throughout the week to help you pray. He is good at listening to you practice prayers and likes to pray with your whole family. Check the list of ideas and other items in the binder for different ways to pray.

2. Find the section with your name. Write/draw what you did each day with Prayer Buddy. REMEMBER This should be about the praying you did with Prayer Buddy each day.

3. Flip to the next sheet and write about what you prayed for during the week. What are you thankful for? Who do you want God to bless? What is something you need God to help you with?

4. Do this for the entire month and then bring your Prayer Buddy back to the church with your binder filled out. We will be having a celebration with our Prayer Buddies!





# My Week with Prayer Buddy

By \_\_\_\_\_

Today we...

Today we...

Today we...

Today we...

Today we...

Today we...



☆ ☆ ☆ ——— ☆ ☆ ☆  
Our Prayers for the Week

By \_\_\_\_\_

What prayers did you say this week?

Who did you pray for this week?

How did you pray this week?


☆ ☆ ☆ ——— ☆ ☆ ☆  
My Prayers for the Week

By \_\_\_\_\_

Thanks  
for

Please  
bless

Help  
me  
with



## Ideas for Praying with Prayer Buddy

- Pray before meals
- Say a memorized prayer
- Sing a worship song
- Read the Bible or a Bible story
- Pray before bed
- Pray for people who are sick or need help
- Thank God for the things He has given you
- Say a 5 finger prayer
- Walk outside and thank God for the things you see
- Silent prayer - sit quietly and think about God
- Just talk to God

# The 5-Finger Prayer



**Thumb:** Pray for those closest to you: your family and friends.

**Pointer finger:** Pray for those who point you in the right direction: your teachers, and other leaders in your life. Pray for wisdom and support.

**Middle finger** (tallest): Pray for those that lead us: those in government, in business, in church leadership. Pray for guidance and wisdom.

**Ring finger** (weakest): Pray for those who are poor, sick, in pain, in trouble: those most in need.

**Pinkie finger** (smallest): Pray for yourself and your own needs.