



Proverbs 12:13-14 NIV

Evildoers are trapped by their sinful talk, and so the innocent escape trouble. From the fruit of their lips people are filled with good things, and the work of their hands brings them reward.

Proverbs 13:3 NIV

Those who guard their lips preserve their lives, but those who speak rashly will come to ruin.

Proverbs 18:21 NKJV

Death and life are in the power of the tongue, And those who love it will eat its fruit.

<u>James 3:9-10 NIV</u>

With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers and sisters, this should not be.

1. Your Words Are Powerful

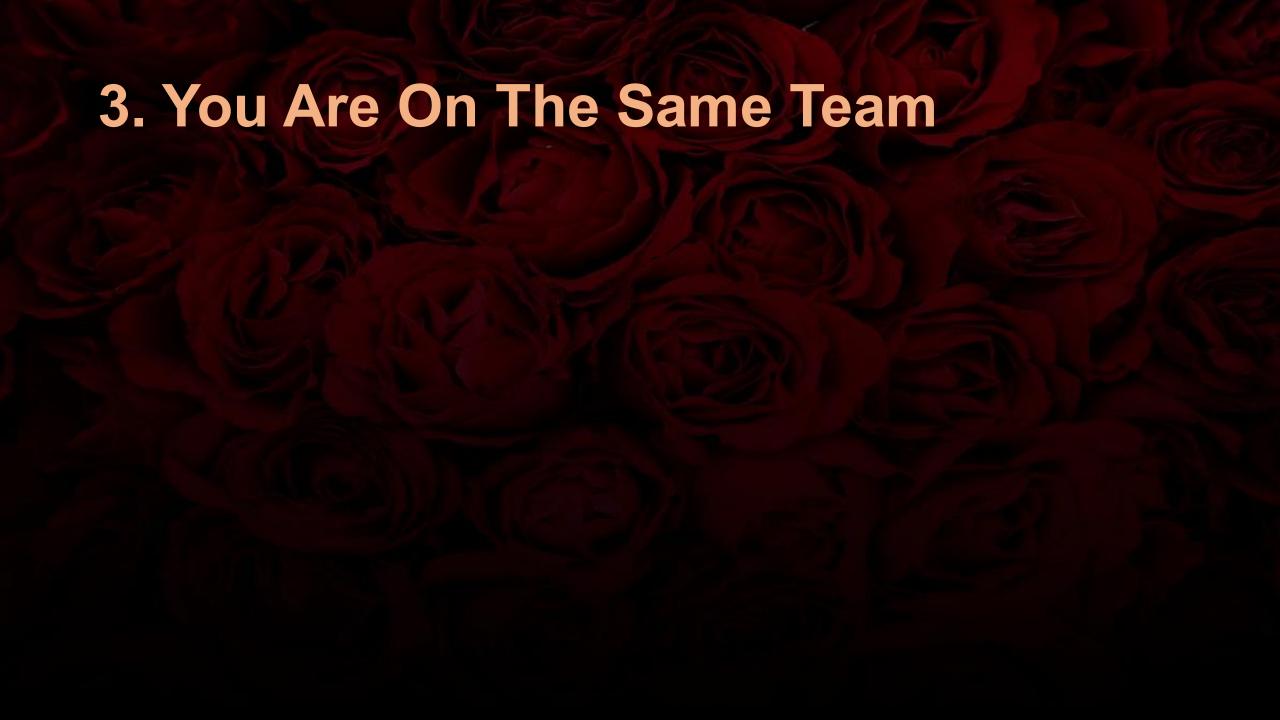
- -What you say determines where you go in life.
- -Positive or Negative
- -What are you saying to your spouse????

James 1:19-20 NIV

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

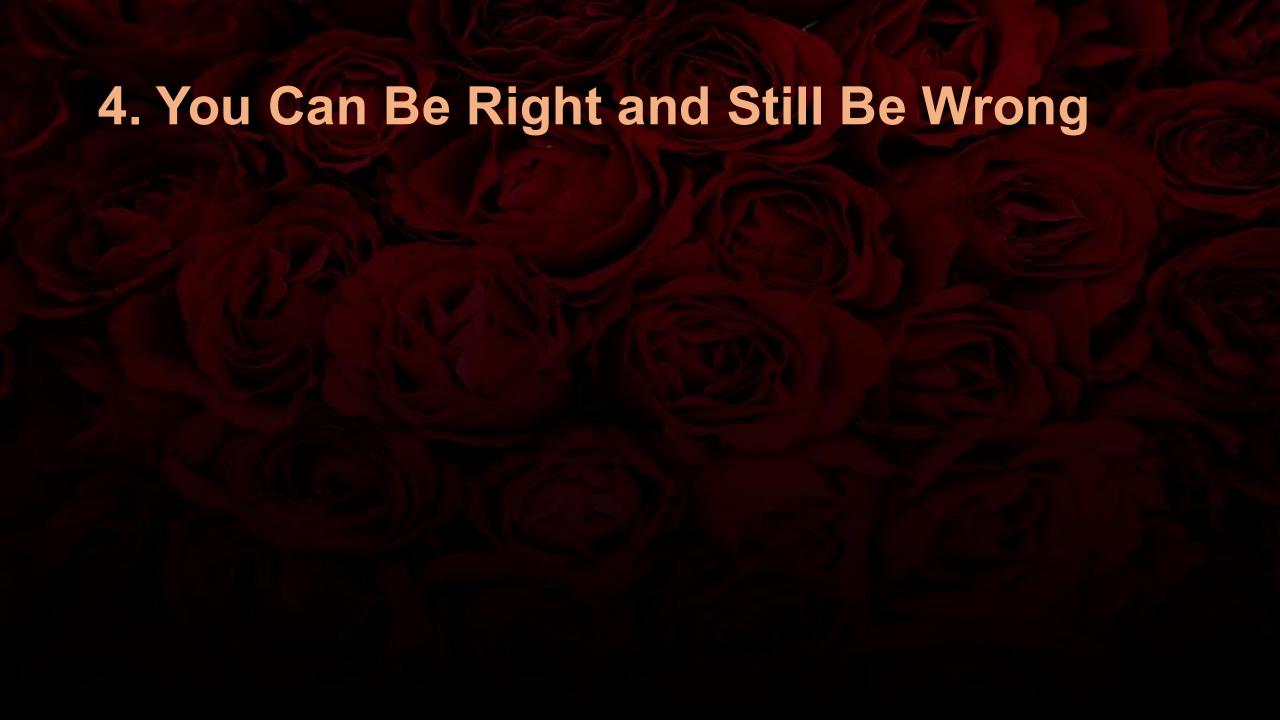
2. Communication Has Two Parts

- -Speaking & Listening
- -Why? To understand their heart.



Matthew 12:25 NIV

Every kingdom divided against itself will be ruined, and every city or household divided against itself will not stand.



Proverbs 15:1 NIV

A gentle answer turns away wrath, but a harsh word stirs up anger.

If you're fighting, it doesn't matter who is right or who is wrong, you both are losing.

Proverbs 11:2 NIV

When pride comes, then comes disgrace, but with humility comes wisdom.



5. Have The Hard Conversations

- -Issues unspoken can become monsters!
- -Explain your emotions.
- -Sometimes It's Just Miscommunication.

What You Say Matters

- 1. Your Words Are Powerful
- 2. Communication Has Two Parts
- 3. You Are On The Same Team
- 4. You Can Be Right and Still Be Wrong
- 5. Have The Hard Conversations

Ephesians 4:29 NIV

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

