

Hebrews 4

¹Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it. ² For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed. ³ Now we who have believed enter that rest, just as God has said, "So I declare on oath in my anger, they shall never enter my rest."

And yet his works have been finished since the creation of the world. ⁴ For somewhere he has spoken about the seventh day in these words: "On the seventh day God rested from all his works." ⁵ And again in the passage above he says, "They shall never enter my rest."

⁶Therefore since it still remains for some to enter that rest, and since those who formerly had the good news proclaimed to them did not go in because of their disobedience, ⁷God again set a certain day, calling it "Today." This he did when a long time later he spoke

through David, as in the passage already quoted: "Today, if you hear his voice, do not harden your hearts."

- ⁸ For if Joshua had given them rest, God would not have spoken later about another day.
- ⁹There remains, then, a Sabbath-rest for the people of God; ¹⁰ for anyone who enters God's rest also rests from their works, just as God did from his. ¹¹Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.

¹² For the word of God is alive and active.

Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. ¹³ Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

¹⁴Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. ¹⁵For we do not have a high priest who is unable to empathize with our

weaknesses, but we have one who has been tempted in every way, just as we are — yet he did not sin.

¹⁶Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

- Four positions
- John 10:28 "I give them eternal life, and they shall never perish; no one will snatch them out of my hand."
- John 15:6 "If anyone does not abide in Me, he is cast out as a branch and is withered; and they gather them and throw them into the fire, and they are burned."

- Heb. 10:26-27 "If we deliberately keep on sinning after we have received the knowledge of the truth, no sacrifice for sins is left, but only a fearful expectation of judgment and of raging fire that will consume the enemies of God.
 - Struggling/Battling sin
 - > Defending sin
 - > Set up camp in sin

• <u>Heb. 10:28-29</u> – "Anyone who rejected the law of Moses died without mercy on the testimony of two or three witnesses. How much more severely do you think someone deserves to be punished who has trampled the Son of God underfoot, who has treated as an unholy thing the blood of the covenant that sanctified them, and who has insulted the Spirit of grace?"

Col. 1:21-23 – "Once you were alienated from God and were enemies in your minds because of your evil behavior.

But now he has reconciled you by Christ's physical body through death to present you holy in his sight, without blemish and free from accusation — if you continue in your faith, established and firm, and do not move from the hope held out in the gospel."

2. What is rest?

- <u>Heb. 4:1</u> "Therefore, since the promise of entering His rest still stands, let us be careful that none of you be found to have fallen short of it."
- Heaven
- Living in Grace (vs. our own strength/work)

1. When I decide that God's way won't work.

- Whenever my obedience to God is based on short-term results, I'll harden my heart, and I'll make dumb decisions.
- Obedience should never be conditioned on results.
- Revelation of Who He is
- Revelation of Eternity

2. When I Think I'm better or smarter than God.

- Whenever I think I'm better or smarter than God, I'll harden my heart, and I'll make dumb decisions.
- If I only follow God when He makes sense to me, then guess who is "God" in my life?

3. When I fear of missing out.

- FOMO
- Whenever I get a bad case of FOMO, I'll harden my heart, and I'll make dumb decisions.
- God is holding out on you.

4. When I Think the rules don't apply to me.

- Whenever I think the rules don't apply to me, I'll harden my heart, and I'll make dumb decisions.
- Uzziah
- I have a peace about it.

5. When I have spiritual amnesia.

- Whenever I forget what God has done in the past, I'll harden my heart, and I'll make dumb decisions.
- Success
- Crisis

Hebrews 4

- Not a message of despair
- Warning & Hope
- Today, if you hear His voice, don't harden your heart.

