



**RUN FOR YOUR LIFE**



# Romans 10:9

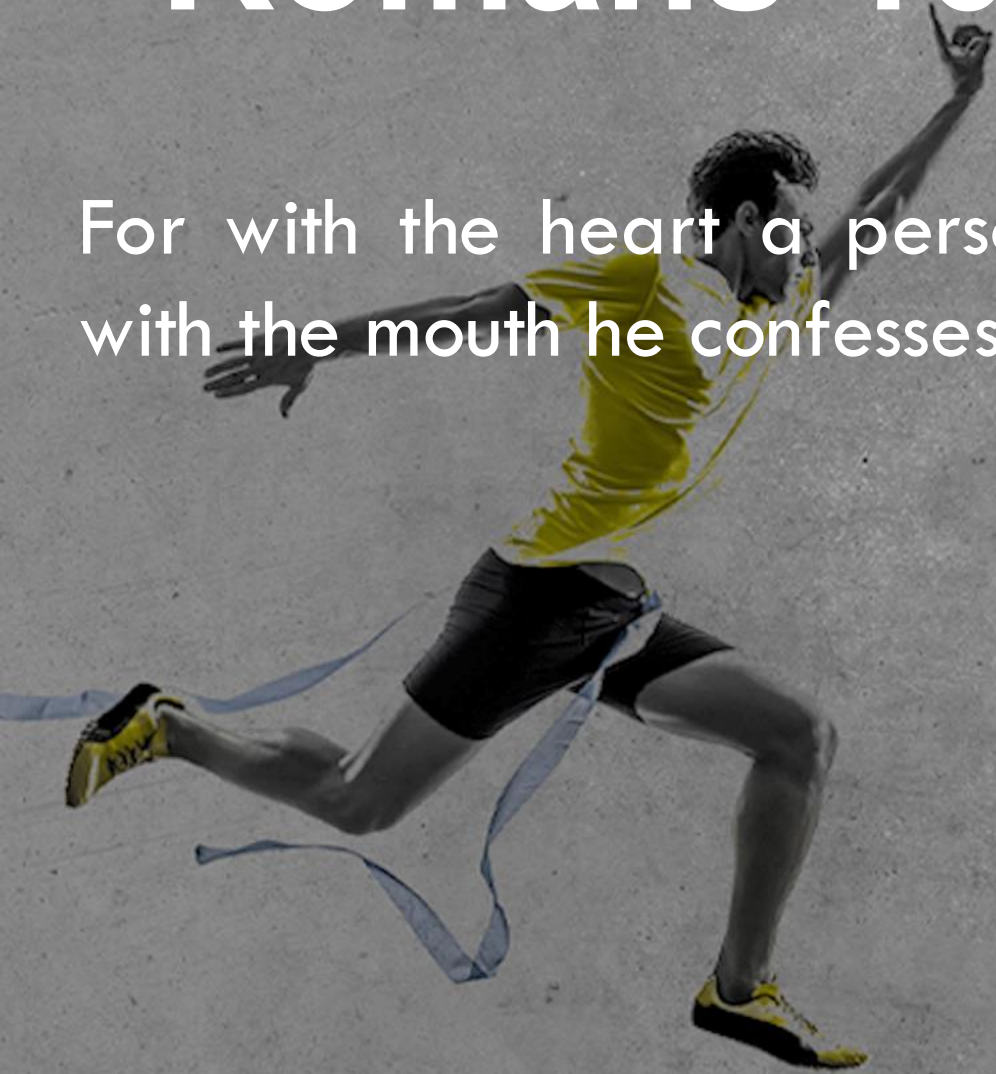
If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.



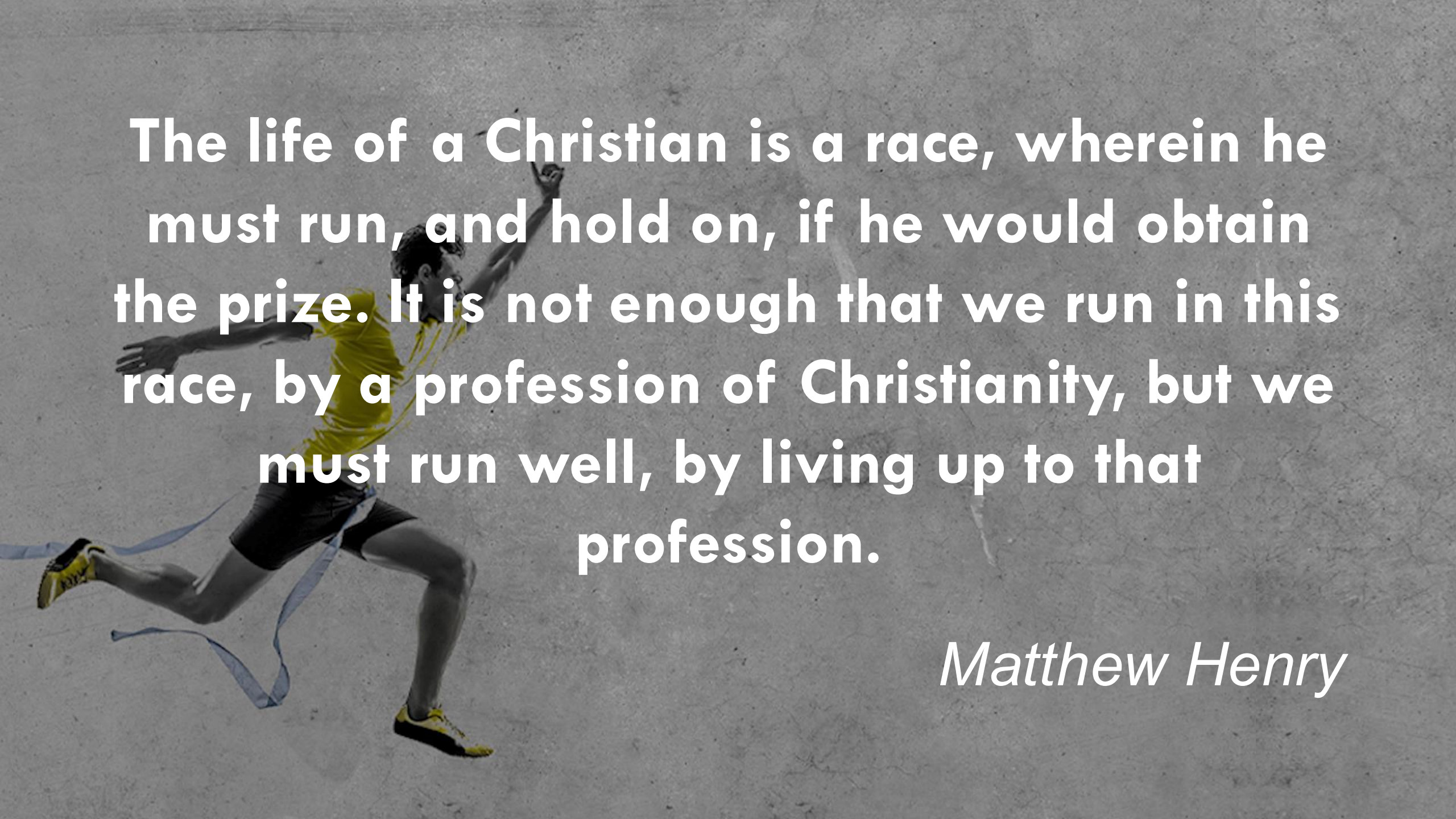


# Romans 10:10

For with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation.







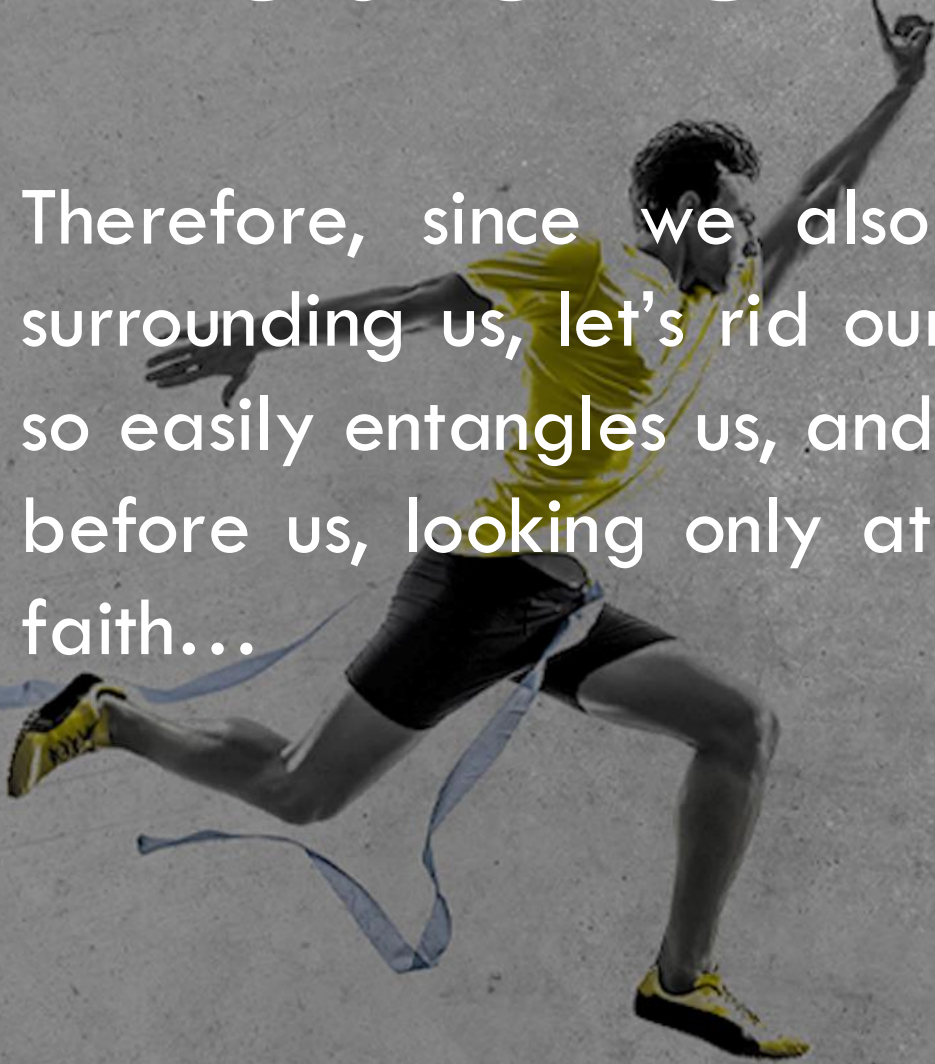
The life of a Christian is a race, wherein he must run, and hold on, if he would obtain the prize. It is not enough that we run in this race, by a profession of Christianity, but we must run well, by living up to that profession.

*Matthew Henry*



# Hebrews 12:1-2

Therefore, since we also have such a great cloud of witnesses surrounding us, let's rid ourselves of every obstacle and the sin which so easily entangles us, and let's run with endurance the race that is set before us, looking only at Jesus, the originator and perfecter of the faith...





# Philippians 3:14

I press on toward the goal for the prize of the upward call of God in Christ Jesus.

**“Press on”**

Greek word → “Dioko”

- One who runs a race swiftly to reach a goal
- To seek after eagerly, earnestly endeavor to acquire
- To run swiftly in order to catch a person

# New Year's Resolutions

- 37% of Americans make a new year's resolution
- 9% of Americans that make resolutions complete them
- 23% quit within first week
- 43% quit by end of January



# Top Five Resolutions

1. Save more money
2. Exercise more
3. Eat healthier
4. Spend more time w/ family & friends
5. Lose weight



# Resolution

A firm decision to do or not to do something



# 1. Run With Humility

- **Philippians 3:4-9** – “If someone else thinks they have reasons to put confidence in the flesh, I have more: circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; as for zeal, persecuting the church; as for righteousness based on the law, faultless. But whatever were gains to me I now consider loss for the sake of Christ.



# 1. Run With Humility

- **Philippians 3:4-9 (cont.)** – What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith.”



## 2. Don't Get Off Track

- **Galatians 5:7 AMP** – “You were running [the race] well; who has interfered and prevented you from obeying the truth?”
- **Verse 16** – “So I say, walk by the Spirit, and you will not gratify the desires of the flesh.”



# 3. Don't Look Back

- **Philippians 3:10-14** – “I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, and so, somehow, attaining to the resurrection from the dead. Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers and sisters, I do not consider myself yet to have taken hold of it.



# 3. Don't Look Back

- **Philippians 3:10-14 (cont.)** – But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”



# 4. Run To Win The Race

- **1 Corinthians 9:24-27** – “Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air.



# 4. Run To Win The Race

- **1 Corinthians 9:24-27 (cont.)** – No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.”



**Would you do anything for God?**



**Are you ready for the next spiritual  
battle you will face?**



# Run For Your Life

1. Run w/ humility
2. Don't get off track
3. Don't look back
4. Run to win the race

**1 Timothy 4:7** – “I have fought the good fight, I have finished the race, I have kept the faith.”





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