

Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross,

despising the shame, and has sat down at the right hand of the throne of God. For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

HOW DID JESUS DO IT?

He never lost sight

He carried the Cross

He dealt with shame

GOD'S DISCIPLINE

Hebrews 12:5-6

And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says, "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son.

A.W. TOZER

"We must face the fact that many today are notoriously careless in their living. This attitude has found its way into the church. We have liberty, we have money, and we live in comparative luxury. As a result discipline has practically disappeared. What would a violin solo sound like if the strings on the musician's instrument were all hanging loose, not stretched tight, not disciplined?"

They disciplined us for a little while as they thought best; but God disciplines us for our good, in order that we may share in his holiness.

SUFFERING

God allows suffering for 3 reasons:

- To teach us
- To discipline us
- To shape us into who he created us to be

ROMANS 5:3-4

Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.

SUFFERING

- Most epistles were written from prison.
- John Bunyan
- Florence Nightingale
- American historian Francis Parkman
- When God is about to make preeminent use of man, he puts them through the fire first.

TEMPTATION

Hebrews 12:12-13

Therefore, strengthen your feeble arms and weak knees. "Make level paths for your feet," so that the lame may not be disabled, but rather healed.

HOW JESUS HANDLED TEMPTATION

- He responded with scripture.
- He did what the scriptures said to do.

JAMES 4:7-8

Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

MISUNDERSTANDINGS ABOUT TEMPTATION

- Temptation itself is sin
- We fall into temptation
- God is disappointed when we are tempted.
- We overcome it by separation from it.
- When I become spiritually mature, I will no longer be tempted.

1 CORINTHIANS 10:13

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

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