



THE Fruit OF THE Spirit

# Galatians 5:22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

# PATIENCE

THE FRUIT OF THE SPIRIT

# Patience

- In the Greek it means long-suffering and forbearance.
- To endure a very long time, no matter the opposition or the suffering.
- To put up with means to forgive.
- When we talk about the fruit of patience, it means God's character is at work within us.

# Exodus 34:6

The Lord, the Lord, the compassionate and gracious God,  
slow to anger, abounding in love and faithfulness.

# Psalms 103:8-10

The Lord is compassionate and merciful, slow to get angry and filled with unfailing love. He will not constantly accuse us, nor remain angry forever. He does not punish us for all our sins; he does not deal harshly with us, as we deserve.

# Micah 7:18-19

Who is a God like you, who pardons sin and forgives the transgressions of the remnant of his inheritance? You do not stay angry forever, but delight to show mercy. You will again have compassion on us; you will tread our sins underfoot, and hurl all our iniquities into the depths of the sea.

# Jeremiah 25:3-4

For twenty-three years from the thirteenth year of Josiah son of Amon king of Judah until this very day. The word of the Lord has come to me and I have spoken to you again and again, but you have not listened. And though the Lord has sent all his servants the prophets to you again and again, you have not listened or inclined your ear to hear.

# Isaiah 43:24

But you have burdened me with your sins and wearied me with your offenses.

- God is being patient, even though he is carrying the heavy load of human sin.
- One of the Hebrew words that is translated “to forgive” literally means “to bear or carry”.

# Isaiah 53:4,6,12

Surely he took up our pain and bore or carried our suffering. <sup>6</sup>And the Lord has laid on him the iniquity of us all. <sup>12</sup> For he bore or carried the sin of many and made intercession for the transgressors.

# 1. Long-suffering

John 15:18 “If the world hates you, keep in mind that it hated me first.”

Long-suffering— long and temper/long-tempered.  
To have self-restraint when one is stirred to anger.

# 1. Long-suffering

2 Peter 3:9 The Lord is not slow in keeping his promise, as some understand slowness. Instead, he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

As God is long-suffering with us then we must be long-suffering with one another.

## 2. Forbearance

- Patient, self-control, restraint, and tolerance.
- Allowance of time to pay debt without default or penalty.

# 1 Thessalonians 5:14-15

And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone. Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else.

# Colossians 3:13

Make allowance for each other's faults and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.

# 3. Active Trust

- Rather than passively waiting on God we can actively put our faith in God.
- It's a transformative waiting- we are trusting God between seasons of what was and what will be.

# Proverbs 3:5-6

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

# A.B. Simpson

“Beloved have you ever thought that someday you will not have anything to try you, or anyone to vex you again? There will be no opportunity in heaven to learn or to show the spirit of patience, forbearance, and long-suffering. If you are to practice these things, it must be now. Yes each day affords countless opportunities to learn patience. Let’s not waste them. God’s best gifts come slowly. We couldn’t use them if they didn’t.

# A.B. Simpson

Many a man, called of God into a work in which he is pouring out his life, is convinced that the Lord means to bring his efforts to a successful conclusion. Nevertheless, even such a confident worker grows discouraged at times and worries because results don't come as rapidly as he desires. But growth and strength in waiting are results often greater than the end so impatiently longed for.

# A.B. Simpson

Jesus himself experienced the discipline of delay in his silent years before his great public ministry began. God wants us to see results as we work for him, but his first concern is our growth. That's why he often withholds success until we have learned patience. The Lord teaches us this needed lesson through the blessed discipline of delay."



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