



Faith Community Church
Path of Life
(Psalms, Part 7)

Faith Group Questions
& Discussion Guide



🙏 **Opening Prayer:** Father, we have so many places we go to find refuge and life. Show us as we study together how to seek You first and trust You always.

🧊 **Icebreaker:** If you suddenly had your identity stolen, what is the first place you would go or activity you would start to find peace??

🔑 **Key Points**

1. **God as Refuge:** Running to God as our primary refuge is essential for moving from season-driven anxiety to enduring hope.
2. **Surrender to Lordship:** Lasting peace comes when we stop treating Jesus merely as a "Fixer" for our problems and surrender to Him as the Lord over our decisions and futures.
3. **Gratitude over Discontentment:** Contentment grows when we choose to thank God for our current "lot" rather than falling into the trap of "if only" thinking.
4. **Eternal Perspective:** Anchoring our hearts in the reality of Christ's resurrection frees us from fear and gives us fullness of joy both now and forever.

💬 **Discussion Questions**

1. Did you conduct a words check, engage in neighborly kindness, or practice daily "awe"? Tell us about it!
2. David begins Psalm 16 crying out in distress, but ends in praise and joy. How have you seen your own disposition or outlook shift when you intentionally turn your attention to God during a hard time? (Psalm 34:4-10, Isaiah 45:22)
3. Pastor Tim mentioned that we often want God to fix our circumstances without letting Him rule our lives. What does day-to-day surrender to Jesus as Lord actually look like in practical terms? (Proverbs 3:5-7)

4. Where do you find it easiest to fall into "if only" thinking or discontentment, and what helps you refocus on God's current goodness in your life? (Hebrews 13:5-6, Matthew 6:19-21)

5. Psalm 16:7 speaks about receiving God's counsel even in the night. What daily habits help keep God's Word central in your mind so that His truth guides your thoughts throughout the day? (Psalm 1:2, Psalm 92:1-2)

6. Looking at the "rope illustration" from the sermon (our brief time on earth vs. eternity), how does keeping an eternal perspective change the way you navigate daily stress or financial and career decisions? (Hebrews 12:27-28)

7. Verse 11 promises fullness of joy in God's presence. How would you explain the difference between worldly happiness and the joy found in a relationship with God to someone who is struggling? (Recall the sermon on Psalm 73)



Practical Applications

1. Audit Your Refuge: This week, pay attention to where your mind or habits run first when worry or pressure arises, and make a conscious effort to pray and hand that burden to God first.

2. Gratefulness for Goodness: (Ps 16:2) Write down three specific ways God has blessed your current life season and thank Him daily for the future He has planned.

3. Anchor a Verse: Choose one key verse from Psalm 16 to display on your lock screen or desk wallpaper as a continuous reminder throughout the week.



Closing Prayer: Lord Jesus, You rose from the dead to give us life. Help us to live this week not focused on the tiny end of the rope where we live, but on the fullness of joy You have planned for our eternity with You.